

Ankle Fractures: Lateral vs. Antigliding Plating AOFAS Clinical Rating System

Ankle-Hindfoot Scale

To be completed by the PHYSICIAN

Patient Study Number	Completed By: _____
	Clinic: _____
Visit Date (MM/DD/YY) ____ / ____ / ____	Visit Schedule (<i>check appropriate box</i>) <input type="checkbox"/> 12 weeks <input type="checkbox"/> 26 weeks <input type="checkbox"/> 52 weeks

Directions: Answer every question by filling in the correct circle or writing in the information. If you need to change an answer, completely erase or cross out the incorrect mark, initial, and fill in the correct information. **Mark only one answer for each question unless otherwise instructed. Shade circles like this: ●**

01. Pain

- ☐ None
- ☐ Mild, occasional
- ☐ Moderate, daily
- ☐ Severe, almost always present

02. Function

- a. Activity limitations, support requirement:
 - ☐ No limitations, no support
 - ☐ No limitation of daily activities, limitation of recreational activities, no support
 - ☐ Limited daily and recreational activities, cane
 - ☐ Severe limitation of daily and recreational activities, walker, crutches, wheelchair, brace
- b. Maximum walking distance, blocks:
 - ☐ Greater than 6
 - ☐ 4-6
 - ☐ 1-3
 - ☐ Less than 1
- c. Walking surfaces:
 - ☐ No difficulty on any surface
 - ☐ Some difficulty on uneven terrain, stairs, inclines, ladders
 - ☐ Severe difficulty on uneven terrain, stairs, inclines, ladders
- d. Gait abnormality
 - ☐ None, slight
 - ☐ Obvious
 - ☐ Marked
- e. Sagittal motion (flexion plus extension)
 - ☐ Normal or mild restriction (30° or more)
 - ☐ Moderate restriction (15°-29°)
 - ☐ Severe restriction (less than 15°)
- f. Hindfoot motion (inversion plus eversion)
 - ☐ Normal or mild restriction (75%-100% normal)
 - ☐ Moderate restriction (25%-74% normal)
 - ☐ Marked restriction (less than 25% normal)
- g. Ankle-hindfoot stability (anteroposterior, varus-valgus)
 - ☐ Stable
 - ☐ Definitely unstable

03. Alignment

- ☐ Good, plantigrade foot, midfoot well aligned
- ☐ Fair, plantigrade foot, some degree of midfoot malalignment observed, no symptoms
- ☐ Poor, nonplantigrade foot, severe malalignment, symptoms

Reproduced from Harold B. Kitaoka, M.D.; Ian J. Alexander, M.D.; Robert S. Adelaar, M.D.; James A. Nunley, M.D.; Mark S. Myerson, M.D.; Melanie Sanders, M.D. Clinical Rating Systems for the Ankle-Hindfoot, Midfoot, Hallux and Lesser Toes. Foot & Ankle International / Vol. 15, No. 7 / July 1994