Sanitize your hands with alcohol hand rub or soap and water



FIRST PAIR GLOVES: Choose comfortably sized (S - M - L) gloves. Visually inspect for tears or holes. Use clean medical gloves for precautions or exposure prevention



GOWN: Yoke or tie securely at the neck. Wrap gown well around the back of your clothing and tie or fasten the neck, back, and waist.

Yellow gown is fluid resistant. If prolonged or heavy fluid contact is expected, choose a plastic backed, fluid proof gown. Discard after single use.



N95 RESPIRATOR: Make sure it is your size. Mold the wire to fit your nose.

Perform "Fit Check" by covering with both hands, then inhale sharply – resistance shows a tight seal

Fix upper strap above ears and the lower strap below ears for proper fit. Discard N95 upon exiting the room



GOGGLES/FACE SHIELD: Make sure the item includes a side shield feature for your eyes. Full-face shield must extend to your chin

Disinfect when visibly soiled or contaminated.



SECOND PAIR GLOVES: Choose comfortably sized (S - M - L) gloves. Visually inspect for tears or holes. Use clean medical gloves for precautions or exposure prevention. Use sterile gloves for aseptic procedures. Extend to cover wrist of the isolation gown

CDC data documents that intact latex, vinyl or nitrile gloves are equally protective against microbial penetration

ENHANCED PROTECTIVE GARMENTS FOR COVID19

REMOVING ENHANCED PROTECTIVE GARMENTS	
RECOMMENDED SEQUENCE	NOTES
Remove outer gloves	Grasp outside of the outer glove with opposite gloved hand, peel off and hold in double gloved hand. With single gloved hand, slide fingers under the outer glove at wrist and peel off. Discard
Remove Goggles/face shield	Outside is contaminated. Handle by head band/ear pieces. Discard.
Remove Gown	Grab the gown at your shoulders, tear or untie neck and peel away and down touching inside only. Remove, rolling inside out.
Remove inner gloves	Grasp outside of the glove with opposite gloved hand, peel off and hold in gloved hand. With the other hand, slide fingers under the glove at wrist and peel off. Discard
Remove N95 Respirator	Step outside the room to remove the N95 respirator. The front will be contaminated. DO NOT TOUCH. Grasp the head straps and remove. Discard
Sanitize Hands	Alcohol hand rub or soap and water