



Join Doctor On Demand

Avoid the high cost and long wait of the emergency room and see a board-certified physician or licensed psychologist, 24/7 or by appointment.

Connect with a provider in minutes, face to face right from your smartphone, tablet or computer.

- + Cold & flu
- + Anxiety & Depression
- + Migraines
- + Urinary tract infections
- + Pink Eye
- + Abdominal pain & nausea
- + Heartburn
- + Sprains & sports injuries

Doctors can diagnose, treat, and write prescriptions for when you are sick, have an infection, or get injured. All video visits are only \$5.

How it works

1. Download the app on your mobile device or access doctorondemand.com/health-plans-inc.
2. Create your account and enter insurance (choose Health Plans, Inc.) and pre-consult information.
3. Complete a questionnaire of current symptoms and medical history.
4. Pay cost-share via app or website.
5. Consult with a Doctor On Demand board certified provider.
6. Receive email follow up after the visit to share with your PCP, or request that it be sent directly to your PCP.

The details of your consultation will not be forwarded to your PCP without your consent.



Visit doctorondemand.com/health-plans-inc

- + Average doctor rating of 4.9 of 5 stars
- + Avoid the ER, 24/7 care when you need us
- + Visits are part of your health benefits

