

MARGARET M. SHEA RN ADULT DAY HEALTH PROGRAM ACTIVITIES CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
			Classical Music Month Hispanic Heritage Month & Fall Hat Month	10:00 AM Exercise-news 10:30 courtyard stroll or Sudoku 11:00 Swiffer shuffleboard 1:00 Rapid Fire (min 2 win)	10:00 AM Exercise-news 10:30 Stroll or Trivia 11:00 Bowling 1:00 Penny Toss -Points	
4		6	7	8	9	10
	Labor-Day Center is Closed	Read a Book Day 10:00 AM Exercise-news 10:30 Stroll or Reading Circle 11:00 Music/singing 1:00 Hit the Bell (min 2 win)	10:00 AM Exercise-news 10:30 Stroll or Reading Circle 11:00 Bingo 1:00 Deal or No Deal	Literacy Day 10:00 AM Exercise-news 10:30 Stroll/ Reading circle 11:00 Bean Bag Baseball 1:00 Separation Anxiety (min 2 win)	10:00 AM Exercise-news 10:30 Stroll/ reading circle (Read old story train stories & write new one) 11:00 Bowling 1:00 Box-ketball	
11	12	13	14	15	16	17
		Uncle Sam Day 10:00 AM Exercise-news 10:30 Stroll or cup stack 11:00 Dress Uncle Sam 1:00 Music/Singing	Fire Safety Talk 10:00 AM Exercise-news 10:30 Stroll or Bullseye 11:00 Bingo 1:00 Wheel of Fortune	Make a Hat Day 10:00 AM Exercise-news 10:30 Stroll or Family Feud 11:00 Price is Right- Dice 1:00 Make a Hat Craft	Play Doh Day 10:00 AM Exercise-news 10:30 Stroll/ Play doh craft 11:00 Bowling 1:00 Pyramid Toss	
18	19	20	21	22	23	24
	10:00 AM Exercise-news 10:30 Stroll/Hidden Puzzle 11:00 Bible Group 1:00 Parachute- Coin	10:00 AM Exercise-news 10:30 courtyard stroll or Family Feud 11:00 Balloon Bop 1:00 Music/singing	Last Day of Summer 10:00 AM Exercise-news 10:30 Stroll or Trivia 11:00 Bingo 1:00 Pong Roll	First Day of Fall 10:00 AM Exercise-news 10:30 Stroll/ Call the Color 11:00 Skeeball 1:00 Target bowling	10:00 AM Exercise-news 10:30 Stroll or Beat the Dealer 11:00 Bowling 1:00 Target Golf	
25	26	27	28	29	30	
	10:00 AM Exercise-news 10:30 Stroll or Sudoku 11:00 Swiffer shuffleboard 1:00 Tic Tac Toss (beanbag)	Crush a Can Day 10:00 AM Exercise-news 10:30 Stroll/ Hidden Puzzles 11:00 Can Crush 1:00 Music/singing	Silly Question Day 10:00 AM Exercise-news 10:30 Stroll or Silly Questions-Hat pass 11:00 Bingo 1:00 Parachute	10:00 AM Exercise-news 10:30 stroll or Art/ Craft task Fall Leaves 11:00 Seated Soccer 1:00PM Bean Bag Baseball	10:00 AM Exercise-news 10:30 Last scheduled outdoor stroll for the season/ Straw Struggle 11:00 Skeeball 1:00 Wheel of Fortune	

Daily schedule: 7:30-8:30 Breakfast 12:00-12:30 lunch 12:30 Words on Board 1:45 snack