

**Boston Medical Center  
Nutrition Resource Center**

Preventative Food Pantry: (617) 414-3834 or (617) 414-5263  
Food Demonstration Kitchen: (617) 414-3840 or [www.bmc.org](http://www.bmc.org)



**Basic Dog Biscuits  
Makes 12 biscuits**

**Ingredients**

2 ½ cups whole wheat flour or rolled oats (or a combination of both)

1 egg

½ cup hot water or beef stock or chicken stock

Other additions: wheat germ, peanut butter, sunflower seeds, dried fruit or vegetables

**Directions**

1. Preheat oven to 350 degrees
2. Combine all ingredients in a bowl. Knead dough until it forms a ball (approximately 3 minutes)
3. Roll dough until ½ inch thick
4. Cut into slices or bone shapes (you can purchase a bone shaped cookie cutter)
5. Place dough pieces on lightly greased cookie sheet
6. Bake for 30 minutes