REGISTER NOW!
BMC’s Culinary Summer Camp for Kids
*open to all children of BMC patients and staff*

**Camp Date & Times**

Junior Kids: August 13th – 15th and 20th - 22nd
Senior Kids: August 27th – 29th

(Offering 2 sessions daily)
Morning class: 9 – 11:30am
Afternoon class: 1 – 3:30pm

**All Classes ARE FILLED**
Registration for the BMC Kid’s Summer Culinary Camp is CLOSED. All the spots have been filled. You and your family can attend other classes at the Teaching Kitchen throughout the year. Check out our schedules this Fall for other children’s programming. Thank you from the staff at the Teaching Kitchen!

**Junior Kids (Ages 6 – 10)**
1:00-3:30
ALL CLASSES ARE FILLED

Tuesday, August 13th
Veggie and Cheese Quesadilla, Fruit Pico de Gallo & Fruity Soda

Wednesday, August 14th
Crunchy Chicken Pita Sandwiches, Chop Chop Salad & Cherry Berry Smoothie

Thursday, August 15th
Veggie Pizza, Everything Watermelon, and Banana & Blueberry Smoothie

Tuesday, August 20th
Blueberry Pancakes, Fruity Breakfast Kabobs & Strawberry Almond Milkshake

Wednesday, August 21st
Rainbow Grain Bowls, Chocolate Covered Strawberries & Melon Agua Fresca

Thursday, August 22nd
Homemade Pasta, All Kale Cesar Salad & Lime Raspberry Rickey

**Senior Kids (Ages 11 – 16)**
1:00-3:30
ALL CLASSES ARE FILLED

Tuesday, August 27th
Homemade pasta, All Kale Cesar Salad & Fruity Sherbet

Wednesday, August 28th
Grain Bowls, Pickled Vegetables, & Chocolate Covered Strawberries

Thursday, August 29th
Chicken & Veggie Stir-fry, Turkey Pot Stickers (Chinese Dumplings) & Tofu Chocolate Mousse

Below you can see our menu for each day!

Spend the first 30 minutes on our rooftop farm picking fresh veggies for the meal you'll make next!

For more information, contact Tracey Burg | tracey.burg@bmc.org | 617.414.3840 | www.bmc.org/teachingkitchen