

# SETTING UP IN-HOME ABA

1. Make a list of questions you may have for the ABA agency BEFORE calling, such as:
  - a. How many hours of therapy can you provide?
  - b. How many therapists will my child have?
  - c. Is there currently a waitlist and can you anticipate how long it will take for my child to be assigned to a therapist?
2. Call the ABA agency and refer your child for in-home ABA services. They will need certain information to process the referral
  - a. Your child's insurance information (e.g., Masshealth identification number)
  - b. You may need to secure documentation of your child's diagnosis of Autism, or letter of necessity from your child's medical doctor.
3. Schedule a date for an intake meeting at home with the ABA agency that you you feel is a good fit. Remember, you can speak with multiple agencies before deciding on who to go with.
4. Meet with the ABA agency for the Intake Meeting to get to know company and ask any additional questions you may have, such as:
  - a. What are the types of things the therapist might do with the child?
  - b. How will you document or communicate about any progress my child is making?
  - c. Will there be opportunities for me as the parent to learn new strategies or techniques to practice with my child?
5. Schedule an assessment of your child with the ABA agency to identify goals. Sometimes this evaluation is completed at the intake appointment, depending on the agency.
6. Schedule the start date and weekly therapy sessions. Identify the space in your home where the therapy will be done. Write down the name and contact information for your child's therapist, as well as their supervisor. Write down the therapy sessions on a calendar to remember!

For questions about insurance coverage:  
**Autism Insurance Resource Center (AIRC)**  
[www.disabilityinfo.org/arica/](http://www.disabilityinfo.org/arica/)  
E-mail: [info@disabilityinfo.org](mailto:info@disabilityinfo.org)  
Telephone: 774-455-4056