

## Post Lesson Survey: Self Assessment

1. Please use the following scale to rate the following:

Strongly Disagree	Disagree	Not Sure	Agree	Strongly Agree	N/A
1-----	2-----	3-----	4-----	5-----	

Right now, I feel confident in who I am: \_\_\_\_\_

Right now, I feel confident in my likes and dislikes: \_\_\_\_\_

Right now, I feel confident in my accomplishments and skills: \_\_\_\_\_

Right now, I feel comfortable knowing my strengths and weaknesses: \_\_\_\_\_

Right now, I feel comfortable knowing my motivators and de-motivators: \_\_\_\_\_

Right now, I feel confident in my comfort and discomfort zones: \_\_\_\_\_

Right now, I feel confident to make a list of jobs would be good at: \_\_\_\_\_