## RECOMMENDED MEDIA:
**FIRST-PERSON ACCOUNTS OF AUTISM**

The following are written/created by or from the perspective of a person with autism. These people and characters represent a large range of strengths, challenges, abilities, and ways of communicating.

### Books

**Non-Fiction: Autobiographies and Memoirs**
- *Thinking in Pictures: My Life with Autism* by Temple Grandin
- *Look Me in the Eye: My Life with Asperger's* by John Elder Robison
- *Nobody Nowhere: The Extraordinary Autobiography of an Autistic* by Donna Williams
- *Ido in Autismland* by Ido Kedar; also a blog: [http://idoinautismland.com](http://idoinautismland.com)
- *Beyond the Wall: Personal Experiences with Autism and Asperger Syndrome* by Stephen Shore

**Fiction: Novels**
- *M is for Autism* by The Students of Limpsfield Grange School & Vicky Martin
- *The Rosie Project & The Rosie Effect* by Graeme Simsion
- *The Curious Incident of the Dog in the Nighttime* by Mark Haddon*
- *Marcelo in the Real World* by Francisco Stork*

*The main characters of these books have autistic-like traits and are thought by many to have autism, but no formal diagnosis is stated in the books.

### Blogs

- Musings of an Aspie: [https://musingsofanaspie.com](https://musingsofanaspie.com)
- Autistic Hoya: [http://www.autistichoya.com](http://www.autistichoya.com)
- AANE Blog: [http://www.aanenetwork.org](http://www.aanenetwork.org)
- Dillan Barmache: [https://typing4change.com](https://typing4change.com); [https://youtu.be/oMN2PeFama0](https://youtu.be/oMN2PeFama0); [https://youtu.be/UTx12y42Xv4](https://youtu.be/UTx12y42Xv4)

### Videos

- Asperger's Are Us: Available on Netflix, Amazon, and iTunes
- Speechless with Carly Fleischmann: [https://www.youtube.com/channel/UCeKKQMB1NeOLN31_CSJFRQ](https://www.youtube.com/channel/UCeKKQMB1NeOLN31_CSJFRQ)
- Asperger's Girl | Anja Melissa: [https://www.youtube.com/channel/UC_Kuw4Ny3LdIkk0I36Oojbg/videos](https://www.youtube.com/channel/UC_Kuw4Ny3LdIkk0I36Oojbg/videos)
- Disclosure Stories | AANE: [https://www.youtube.com/watch?v=OkEexU9hbmk](https://www.youtube.com/watch?v=OkEexU9hbmk)
- In Our Own Words | AANE: [https://www.youtube.com/watch?v=puEuF8uPv0c](https://www.youtube.com/watch?v=puEuF8uPv0c)
- Different kinds of minds | Temple Grandin: [https://www.youtube.com/watch?v=aF4sP-uC-yI](https://www.youtube.com/watch?v=aF4sP-uC-yI)
- Autism: Give me a chance and I will change everything | Noah Britton: [https://www.youtube.com/watch?v=RkD9d8qzB-g](https://www.youtube.com/watch?v=RkD9d8qzB-g)
- Forget what you know | Jacob Barnett: [https://www.youtube.com/watch?v=Uq-FOOQ1TpE](https://www.youtube.com/watch?v=Uq-FOOQ1TpE)
- How autism freed me to be myself | Rosie King: [https://www.youtube.com/watch?v=jQ95xlZeHo8](https://www.youtube.com/watch?v=jQ95xlZeHo8)
- Autism: How my unstoppable mother proved the experts wrong | Chris Varney: [https://www.youtube.com/watch?v=T1HQKB2txgY](https://www.youtube.com/watch?v=T1HQKB2txgY)
- "Aspergers" : Not what you think it is | Krister Palo: [https://www.youtube.com/watch?v=inxIM1aGvZY](https://www.youtube.com/watch?v=inxIM1aGvZY)

### Forums

- Asperger Syndrome LiveJournal Community: [http://asperger.livejournal.com](http://asperger.livejournal.com)
- ThAutcast: [https://www.facebook.com/thautcast/home](https://www.facebook.com/thautcast/home); [http://www.thAutcast.com](http://www.thAutcast.com)