



The Autism Program

AT BOSTON MEDICAL CENTER



**I CAN BE SAFE!**

Hi! I am 3 years old!



Each day I am learning new things. I am using more words, and I am doing more things on my own.

I am also getting bigger and stronger!



I even started going to school!

Mom is so happy to see how big and strong  
I am getting.



But sometimes, I do things that are unsafe.



Sometimes I open doors by myself. I could go somewhere I don't belong. This is unsafe!



Sometimes I run away from mom. I could get lost, or hurt my body. This is unsafe!

Sometimes I climb up on high places. I could fall and hurt my body. This is unsafe!





It makes mom sad when I do things that are unsafe. Mom wants me to be happy and safe all the time!



There are lots of ways I can be safe!



When I see a red STOP sign, I can stop and ask mom for help. I should always STOP and WAIT when I see a red STOP sign.



When I leave the house with mom, I can hold her hand tight. It is important that I hold mom's hand so I can be safe!



**FIRST**



**Then**



I can remember to keep my feet on the floor and not climb on the furniture or to high places. I CAN climb at the playground.



I can listen to mom's words. I can ask mom for help.

Mom will be so happy when I am SAFE.

