

TEAM SUMMER GUIDE 2026

**BOSTON
MEDICAL** CENTER

The Autism Program

LOOKING FOR SUMMER ACTIVITIES?

TEAM CAN HELP

Your friends at TEAM want you to stay busy and have fun this summer. In this guide, you can explore summer opportunities that are similar to this year's TEAM events.

The guide includes summer camps, clubs, family events, internships, volunteering opportunities, and more!

2025-2026 TEAM EVENTS

TEAM EVENT 1

VOLO SPORTS DAY

Join us for a fun-filled morning at Volo playing a variety of games, including pickleball, volleyball, corn hole, and bocce! Whether you're a seasoned pro or just starting out, this event is all about having fun and enjoying time with friends and teammates. Please wear comfortable active wear and bring a water bottle!

WHEN:
Saturday, September 27, 2025
10:00 am - 12:00 pm

WHERE:
Club Volo at Assembly Row
300 Grand Union Blvd,
Somerville, MA 02145

Questions & RSVP:
Contact (617) 652-0320 or
katherine.bristol@bmc.org

TEAM EVENT 2

Meet, Play, ... Connect ...

When?
Saturday, October 18th, 2025
10 AM - 12 PM

Where?
Spark Center
255 River St,
Mattapan, MA

Join us for games, teamwork, and fun! Come get to know each other at this TEAM event. Mentees will play camp-style games, while mentors share what being a mentor means and work together to create a skit. Then, mentors and mentees will team up for the egg drop challenge using their creativity to protect their egg. Come ready to meet new friends and make memories. We hope to see you there!

Questions & RSVP
Contact (617) 652-0320 or
katherine.bristol@bmc.org

TEAM Event

WEIR RIVER FARM

When?
Saturday, November 22, 2025
10 AM - 12 PM

Where?
Weir River Farm
140 Turkey Hill Ln,
Hingham, MA 02043

Join us for a hands-on adventure at the farm! Explore the barnyard, meet the farm animals, and learn how to take care of them. We'll also help with farm tasks, such as building chicken boxes, grooming goats, and cleaning stalls. Wear comfy clothes that you do not mind getting dirty, and check the weather as we'll be outside and in the barns. Families are invited to bring a lunch to enjoy after the event!

Questions & RSVP:
Contact (617) 652-0320
or katherine.bristol@bmc.org

TEAM Event:

CRAFTING FOR A CAUSE

WHEN?
Saturday, December 13, 2025
10:00 AM - 11:30 AM

WHERE?
801 Albany Street,
Boston MA 02119

Join us for a cozy winter craft event! We'll watch the movie Ice Age as we create holiday cards, popsicle stick snowflakes, beaded snowflakes, and snow globes. After we make our holiday crafts, we'll put them together into gift bags to donate to the Geriatrics Home Care Program at BMC!

QUESTIONS & RSVP
Contact (617) 652-0320
or katherine.bristol@bmc.org

TEAM EVENT:

TALENT SHOW

Come show off your talent at the TEAM Talent Show! We will decorate colorful posters to cheer on our friends. Then it's your turn to share a talent of your own. You can draw, sing, dance, tell jokes, or show any talent you love!

WHEN?
10 AM - 12 PM
JANUARY 31, 2026

WHERE?
SIMMONS HALL
229 VASSAR ST
CAMBRIDGE, MA 02139

QUESTIONS & RSVP CONTACT:
(617) 652-0320
OR KATHERINE.BRISTOL@BMC.ORG

TEAM EVENT:

BODA BORG

WHEN:
SATURDAY, FEBRUARY 28TH
10:00AM-12:00PM

WHERE:
BODA BORG 90 PLEASANT STREET
MALDEN, MA 02148

JOIN US AT BODA BORG FOR A REALITY-GAMING EXPERIENCE MADE UP OF MANY MINI ESCAPE ROOMS. YOU WILL WORK TOGETHER WITH YOUR FRIENDS AS YOU MOVE THROUGH DIFFERENT THEMED ROOMS AND COMPLETE CHALLENGES, SIMILAR TO A VIDEO GAME.

PLEASE WEAR COMFORTABLE CLOTHES AND SNEAKERS BECAUSE YOU WILL BE MOVING AROUND A LOT. CHECK THE FEBRUARY TEAM EVENT EMAILS FOR THE WAIVER THAT IS REQUIRED TO ATTEND.

WE ARE SO EXCITED TO TAKE ON THIS ADVENTURE WITH YOU!

QUESTIONS & RSVP CONTACT:
(617) 652-0320
OR KATHERINE.BRISTOL@BMC.ORG

TEAM EVENT:

CRADLES TO CRAYONS

Join us for a morning of volunteering at Cradles to Crayons. We'll sort and organize clothing and other donated items, then package them for children and families who need them. Do you have clothes you no longer wear? Bring them with you and your donation can go directly to someone who needs it! Please check the March TEAM event emails for the required waiver needed to attend.

Where
The Giving Factory
281 Newtonville Ave,
Newtonville, MA
02460

Questions & RSVP
Contact (617) 652-0320
or katherine.bristol@bmc.org

When
Saturday, March 14,
2026 from
10 AM - 12 PM

DONATION

TEAM EVENT 8:

MUSEUM OF FINE ARTS

Join us in exploring the Museum of Fine Arts! First, we'll look at amazing artwork from around the world. Then it's your turn to become an artist! You'll work as a group to create art. Families and caregivers can enter for free, but will explore the museum on their own while participants are with TEAM for the event. After the event, everyone is welcome to keep exploring the museum.

When?
Saturday April 25th
10 AM-12 PM

Where?
MFA
465 Huntington
Ave, Boston, MA
02115
Linde Family Wing
Group Entrance

Questions and RSVP
Contact (617) 652-0320 or
katherine.bristol@bmc.org

TEAM EVENT 9

END OF YEAR CELEBRATION

Join TEAM for our last event of the season! Come make friendship bracelets, sing karaoke, and share what events were your favorites this year. We'll play lawn games like corn hole, volleyball, can jam, and more. Families and caregivers are welcome to join in the fun too. We look forward to celebrating with you! This event is rain or shine.

Saturday, May 30th, 2026

Spark Center 255 River St Mattapan, MA 02126

From 10 AM-11:30 AM

QUESTIONS/RSVP
Contact (617) 652-0320 or
katherine.bristol@bmc.org

TABLE OF CONTENTS:

Event 1: Club Volo.....	pg: 5-6
Event 2: Create and Connect.....	pg: 7-9
Event 3: Weir Farm.....	pg: 10-13
Event 4: Winter Crafts.....	pg: 14-15
Event 5: Talent Show.....	pg: 16-17
Event 6: Borda Borg.....	pg: 18-19
Event 7: Cradles to Crayons.....	pg: 20-21
Event 8: Art Museum.....	pg: 22-23
Event 9: End of Year Celebration.....	pg: 24-26
At Home Activity Ideas.....	pg: 27-29
Financial Support Resources.....	pg: 30-31
Website Links.....	pg: 32-34



Events with stars have financial support information available



EVENT 1 CLUB VOLO



If viewing digitally, click QR codes for website links



ADAPTIVE CLIMBING GROUP

All ages

Cost: \$11 per person

Sundays: 1 PM-3 PM

The Adaptive Climbing Group offers adaptive indoor and outdoor rock climbing programs for individuals with disabilities. Programs are designed to support climbers of all experience levels with adaptive equipment and trained volunteers.



Boston Bouldering
Project, 12A Tyler St.,
Somerville, MA 02143



617-623-6700



massachusetts@
adaptiveclimbinggroup.org

ARCHERY GAMES

Ages 8+

Cost: \$37 per person

Wed-Fri: 4 PM- 8 PM

Sat: 11 AM-8 PM

Sun: 11 AM- 6 PM



Archery Games offers combat archery, which is played like dodgeball but with bows and soft foam-tipped arrows. No archery experience is required to play, and all players will get basic training/time to practice shooting.



121 Webster Ave #3,
Chelsea, MA 02150



617-466-0142



contact@archerygames
boston.com



EVENT 1 CLUB VOLO



PADDLE BOSTON

AVAILABLE BOATS	0-1.5 Hours	1.5-3 Hours	Full Day
Single Kayak (1 adult)	\$35	\$45	\$57
Double Kayak (2 adults)	\$51	\$64	\$78
Kid's Kayak (age 6-12)	\$17	\$30	\$41
Paddleboard (1 adult)*	\$35	\$45	\$57
Kid's Paddleboard (age 6-12)	\$17	\$30	\$41
Canoe (3 adults or 2 adults & 2 kids)*	\$51	\$64	\$78
XL Canoe (up to 5 adults)*	\$63	\$74	\$89
Paddleboat (up to 4 adults)*	\$51	\$64	\$78
Rowboat (3 adults or 2 adults & 2 kids)*	\$51	\$64	\$78

All ages

See table for cost

Hours vary by location



Rent kayaks, paddleboards, and canoes to spend time on the water in the Boston area. Lessons are available for those who need help learning.



Multiple locations around the Boston area



617-965-5110

<https://spedchildmass.com/special-needs-recreation-programs-events-massachusetts/>

SPECIAL-NEEDS SPORTS EVENTS



FEB 22 - MAR 30

Inclusion Sports Baseball & Soccer: Danvers

Danvers, MA, January - February 9th 2026, with Danvers Indoor Sports. For children of all abilities.



MAR 1

Inclusion Sports Soccer & Baseball: Grafton

Grafton, MA, January - February 2026, with the Grafton Recreation. For children of all abilities to learn the fundamentals of



APR 4 - JUN 7

Inclusive Buddy Ball in Haverhill

Haverhill, MA, Spring 2026, with the Riverside Bradford Baseball League.



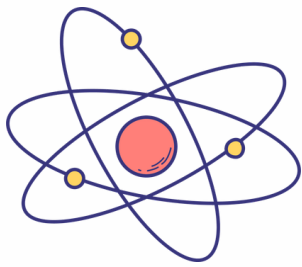
APR 6 - JUN 2

TOPSoccer in North Reading

North Reading, MA, April 6th - June 1st, 2026, with Andover Soccer Association.

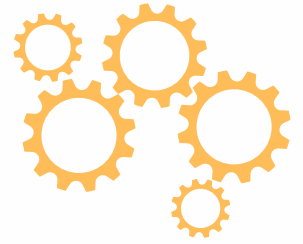
A Massachusetts activity database that lists programs where people can join team sports, take swim lessons, and try other physical activities across the state. It helps individuals and families find local classes, leagues, and recreational programs for **all ages** and ability levels.





EVENT 2

CREATE & CONNECT



DISCOVERY MUSEUM: ESPECIALLY FOR ME PROGRAM



All ages

Cost: FREE with registration

Tues-Sun: 9 AM-4:30 PM

The museum is an interactive science museum for kids and adults. The “Especially for Me” program provides free admission to families and individuals with disabilities. The events are sensory-friendly with break rooms and social stories available on their website.



B177 Main St,
Acton, MA 01720



978-264-4200



fun@discoveryacton.org



BOSTON CHILDREN'S MUSEUM



All ages

Cost: \$24 per person

Wed-Mon: 9 AM-4 PM



A museum for children and families to explore, play, and learn through interactive exhibits. The Morningstar Program on Saturday mornings allows children to explore the museum when there are fewer people around, registration is required.



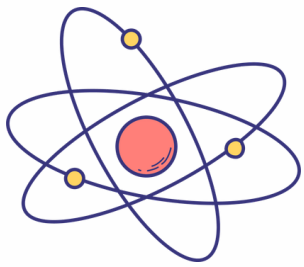
308 Congress St.
Boston, MA 02210



617-426-6500

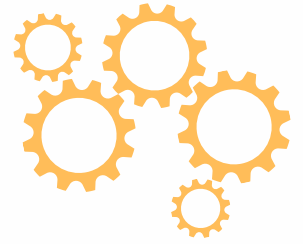


Info@BostonChildrens
Museum.org



EVENT 2

CREATE & CONNECT



PAUL S. RUSSELL, MD MUSEUM OF MEDICAL HISTORY AND INNOVATION



All ages

Cost: FREE

Tues-Fri: 10 AM-2 PM

At this museum, you can learn about the history of medicine and surgery, with artifacts and exhibits. It also has a rooftop garden.



2 N Grove St, Boston, MA 02114



617-724-8009

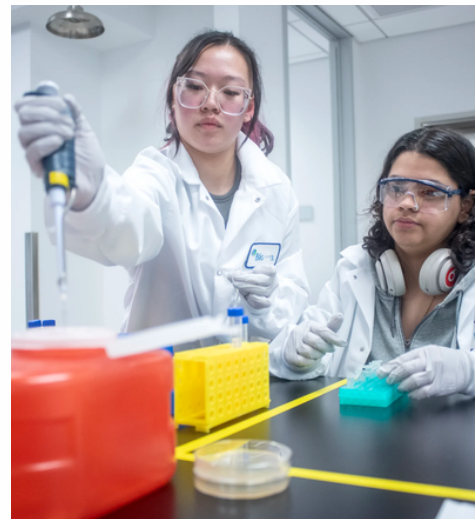


mghhistory@partners.org

MASSACHUSETTS LIFE SCIENCES CENTER: HIGH SCHOOL APPRENTICESHIP CHALLENGE

INTERNSHIP

The HSAC connects underrepresented and economically disadvantaged high school students with **paid** internships at life sciences companies and research institutions. Internships are part-time or full-time and offer hands-on experience with direct mentorship. Submit an online application to get started.



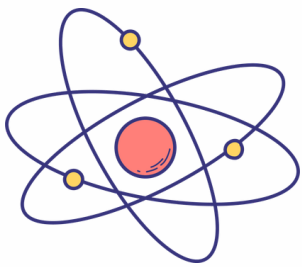
1075 Main St. Suite 100 Waltham, MA 02451



781-373-7777

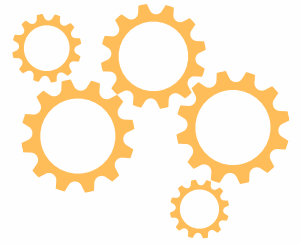


masslifesciences.com



EVENT 2

CREATE & CONNECT



MITES SUMMER

Cost: Free, Includes room and board

A semester of college condensed into one summer, the MITES Summer program includes high-level math and science, as well as electives that focus on real-world STEM applications that most high school curricula don't cover.

You'll discover what it's like to be an MIT student and gain insight into how to apply to colleges, all while laying the groundwork for you to thrive in STEM professions.

INTERNSHIP



**For High school juniors and seniors
2026 applications passed,
apply next year!**



MIT Campus



617-253-8052



mites-summer@mit.edu

MENTORSHIP

PARTNERS FOR YOUTH WITH DISABILITIES

Mentee Application →



PYD website →



Ages: mentees- 12-24, mentors- adults

1-to-1 Mentoring is a friendship-based program to allow youth to develop social skills, build healthy relationships, and accomplish small goals with the help of a caring adult mentor. Youth meet with their mentor for activities of their choosing or just to stay connected for 4-6 hours per month for at least one year.



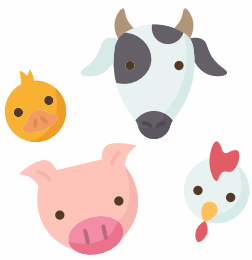
**89 South Street,
Suite 103
Boston MA 02111-2752**



617-556-4075



cbrown@pyd.org



EVENT 3

WEIR RIVER FARM



TOUGAS FAMILY FARM

All ages

Cost: Depends on fruit season

Daily: 9 AM-5 PM



A farm where you can pick your own fruit! Different fruits are available throughout the summer months (check the website for more information). Visit the barnyard animals and adventure into the farm-themed playground.



234 Ball Street
Northboro, MA 01532



508-393-6406



info@tougasfarm.com

NEW ENGLAND AQUARIUM



All ages

Cost: Adult \$39, Child (3-11) \$30

Mon-Fri: 9 AM-5 PM

Weekends: 9 AM-6 PM

An aquarium that has penguins, fish, jellyfish, seals, turtles, and more! Sensory-inclusive bags are available at the information desk, including headphones and fidgets.



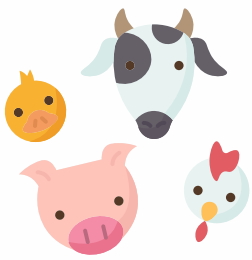
1 Central Wharf
Boston, MA 02110



617-973-5200



comments@neaq.org



EVENT 3

WEIR RIVER FARM



NATICK COMMUNITY ORGANIC FARM



All ages

Cost: FREE

Open during daylight hours



A nonprofit, certified-organic farm offering hands-on education, farm products like eggs and meats, and productive open space year-round.



117 Eliot St. Natick,
MA 01760



508-655-2204



info@natickfarm.org

NATICK COMMUNITY ORGANIC FARM VOLUNTEER

VOLUNTEER

A volunteer coordinator will show you around the farm and the different volunteer activities you might help with, including seeding, harvesting, weeding, animal care, and other farm chores. Volunteers should be able to bend, lift moderately heavy items, use small hand tools, and follow multistep instructions.



Ages: teens and adults
Tues-Thurs: mornings and afternoons

Fill out the interest form on the website to get started!



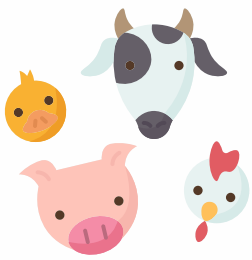
117 Eliot St. Natick,
MA 01760



508-907-6019



emily@natickfarm.org



EVENT 3

WEIR RIVER FARM



All ages

GREEN HILL PARK FARM

Cost: FREE

Tues-Sun: 10 AM-2:45 PM
Closed Monday

The Green Hill Park Farm has farm animals and is a great place for families with children looking for a calm activity on a nice day. The farm is open year-round and is located within a park with trails, a golf course, and a garden!



Green Hill Parkway
Worcester, MA 01605



508-799-1323



LawrenceSA@worcester
ma.gov

Weir River has events throughout the summer. Check out some on the next page!

WEIR RIVER FARM



All ages

Cost: FREE

Open during daylight hours



At Weir River Farm, you can walk trails and visit their barnyard with goats, sheep, pigs, chickens, and rabbits. Check the website for scheduled barnyard programs, including sensory-friendly barnyard days.



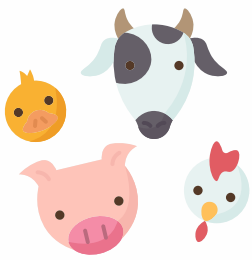
140 Turkey Hill Ln,
Hingham, MA 02043



781-740-7233



escheck@thetrustees.org



EVENT 3

WEIR RIVER FARM



WEIR RIVER SUNSET PICNICS



All ages

Cost: \$15 Adult, \$10 Child

Thursdays from June-August
6 PM to sunset

The Sunset Picnic series features local food trucks, live music, and the best view on the South Shore! Pack your picnic blanket and chairs and relax while watching the sun set over the Boston skyline.



140 Turkey Hill Ln,
Hingham, MA 02043



781-259-3657



escheck@thetrustees.org

WEIR RIVER FARM FAMILY CHORES



All ages

Cost: \$15 Adult, \$10 Child

Sundays 8:30 AM-9:45 AM



As a family, help care for friendly farm animals by assisting with morning chores while learning about each animal. This hands-on family experience offers a fun and educational way for families to connect with animals and experience daily farm life.



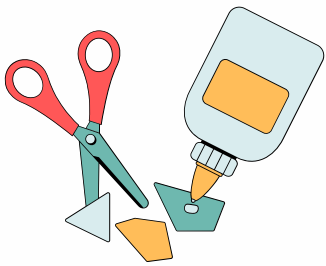
140 Turkey Hill Ln,
Hingham, MA 02043



781-259-3657



escheck@thetrustees.org



EVENT 4 WINTER CRAFTS



EAST BOSTON COMMUNITY STUDIO

All ages

Cost: FREE

Saturdays: 2 PM-6 PM

East Boston Community Studio is a free, open studio space for collective art-making, learning, and creative exchange, run by Maverick Landing Community Services (MLCS).



31 Liverpool Street,
East Boston, MA



617-569-5146



bryan@mlcsboston.org

THE CLAYROOM

All ages

Cost: \$10 studio fee + price of art piece

Mon-Fri: 12 PM-10 PM

Sat-Sun: 10 AM-10 PM



The Clayroom is a paint-your-own-pottery studio where you pick out a piece of pottery and decorate it. Staff will show you how to get started, explain how the paints work, and help you along the way.

Book a time through their website!



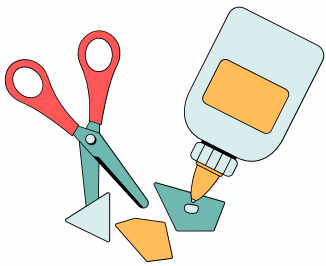
1408 Beacon Street
Brookline, MA 02446



617-566-7575



clayroombrookline@
gmail.com



EVENT 4 WINTER CRAFTS



CRAFT LOFT



Ages 5+, might vary based on craft

Cost: \$20 a person, \$36 for a group

Mon-Sat 11 AM-8 PM

Sun: 11 AM-6 PM

The Craft Loft walk-in studio offers a space to create. All materials are included, instructions provided, and staff help when needed. You pay one price, pick your project, and craft.



100 Cambridgeside Pl
2nd floor, Cambridge,
MA 02141



617-945-1436



hello@craft-loft.com

<https://bpl.bibliocommons.com/v2/events>

BOSTON PUBLIC LIBRARY



Cost: FREE

Boston Public Library's website posts arts and crafts-related events monthly for library branches all over the greater Boston area. Use search filters to limit the results to arts and crafts, location, and age group.

- MAR 18 Crafty Wednesdays**
Wednesday, March 18, 3:30pm-5:30pm [View all dates](#)
Hyde Park
Drop in each week for seasonal make-and-take crafts, meet your old friends, and make new friends, too!
Programming at the Boston Public Library is funded through private support. To learn more about supporting the Library, please visit the...
[Arts & Crafts](#) [Children \(Birth-Age 5\)](#) [Children \(Ages 6-12\)](#)
[Families](#) [English](#)
- MAR 18 After School Crafts**
Wednesday, March 18, 4:00pm-5:00pm [View all dates](#)
Jamaica Plain
Every Wednesday at 4 pm, come to the Jamaica Plain branch library and make a fun craft!
Accessibility Notice: We strive to make our events accessible. To request a disability accommodation and/or language services, contact the...
[Arts & Crafts](#) [Children \(Birth-Age 5\)](#) [Children \(Ages 6-12\)](#)
[English](#)
- MAR 18 Makerspace**
Wednesday, March 18, 4:00pm-5:00pm [View all dates](#)
Shawmut
Spend some time with us and flex your creative muscles! We will have a variety of craft supplies available each week. Children are encouraged to make anything they wish with the supplies available. This program is best for kids ages 6-12...
[Arts & Crafts](#) [Children \(Ages 6-12\)](#) [English](#)



EVENT 5 TALENT SHOW



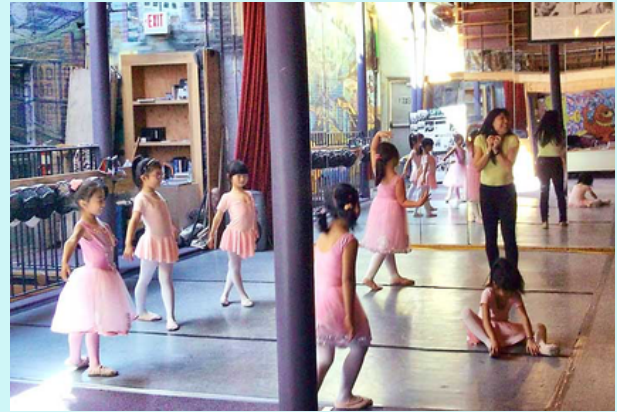
BOSTON CITY LIGHTS PERFORMING ARTS

All ages

Cost: FREE

Hours vary by event

A performing arts space that gives youth/people the chance to take dance classes, get professionally trained in singing and acting, and learn sound and film techniques.



1154 Washington
Street, Boston, MA
02118



617-695-2856



duggan.hill@gmail.com

SHAKESPEARE IN THE PARK



Ages 13+

Cost: FREE

Tues-Sun: Times vary
7/22/26 - 8/9/26



Bring your own picnic blanket and chairs to watch a free outdoor theater show in the Boston Common. The 2026 production will be A Midsummer Night's Dream!



139 Tremont St,
Boston, MA 02111



617-426-0863



audienceservices@
commshakes.org



EVENT 5 TALENT SHOW



COMMUNITY THROUGH THEATRE

Ages 14-24

Cost: FREE

Hours vary by event

A community group that offers free theater nights to youth with a pre-show resource fair and a post-show reflection with actors and mental-health professionals.



Differs by event



communitythroughtheater@gmail.com

ZUMIX

Ages 7-18

Cost: varies by program

Hours vary by event



Zumix offers music lessons, audio engineering programs, radio/podcasting programs, the opportunity to play in a band/ensemble, and more!



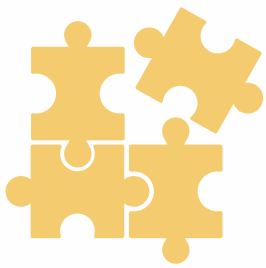
**260 Sumner Street
East Boston, MA
02128**



617-568-9777



info@zumix.org



EVENT 6 BODA BORG



All ages

Cost: 2-hour: \$30-40

4-hour: \$40-50

All-day: \$50-60

LEVEL 99

Sunday: 10 AM-10 PM

Mon-Thurs: 11 AM-10 PM

Friday: 11 AM-1 AM

Saturday: 10 AM-1 AM

Level 99 has many unique challenge rooms, and each room is meant to be cycled through multiple times to complete it. Rooms take about 4 minutes to complete at most.



1235 Worcester Street,
Natick, MA 01760



617-865-8599



hello@level99.com

RED FOX ESCAPES



Ages 18+, kids 13+ can go
if with groups of 2+ adults

Cost: about \$44 a person

Mon-Fri: 12 PM-10 PM

Sat-Sun: 10 AM-10 PM



1-hour escape rooms with a story and challenging puzzles. Room difficulty can be adjusted based on the group's needs.



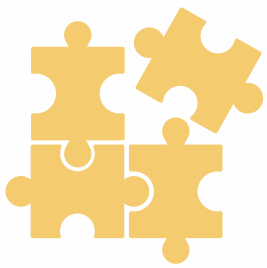
The Baron Building, 614
Massachusetts Ave,
Cambridge, MA 02139



617-417-8748



info@redfoxescapes
.com



EVENT 6 BODA BORG



ROOM ESCAPE BOSTON



All ages

Cost: \$30-\$37 a person

Wed-Fri: 4 PM-8 PM

Saturday: 11 AM-8 PM

Sunday: 11 AM-6 PM



Players get 1 hour to escape the room by following clues and doing puzzles. Each room has a different mystery to solve.



121 Webster Ave
Chelsea, MA, 01250



617-466-0142



contact@roomescapeboston.com

ESCAPE THE ROOM BOSTON

Ages 11+

Cost: \$37 a person

Mon-Wed: 12 PM-10 PM

Thurs-Fri: 12 PM-11 PM

Sat-Sun: 9:30 AM-11:30 PM



2 escape rooms with varying levels of difficulty and different stories. You may have to work with other players to escape!



33 West St, 3rd floor
Boston, MA 02111



857-239-7424



info@escapetheroomboston.com



EVENT 7

CRADLES TO CRAYONS



PEOPLE MAKING A DIFFERENCE

VOLUNTEER



PMD organizes many fun, one-time volunteer events. Sign-ups open the month before the event occurs, and sometimes they have virtual opportunities. **Ages 16+**



Varies by event



781-963-0373



info@www.pmd.org

<https://www.buacademy.org/stuco/cs/cs-opportunities/>

BOSTON UNIVERSITY ACADEMY VOLUNTEER OPPORTUNITIES



BUA is a database with volunteer opportunities that's organized by category and locations in the greater Boston area.






EVENT 7

CRADLES TO CRAYONS



BOSTON CARES

VOLUNTEER



A volunteer agency that organizes volunteer opportunities across the Boston area. Find events relating to sports, art, gardening, cooking, and more!

Ages 5+

\$15 to become a member, most volunteer opportunities are free with membership



Depends on the event




617-422-0910



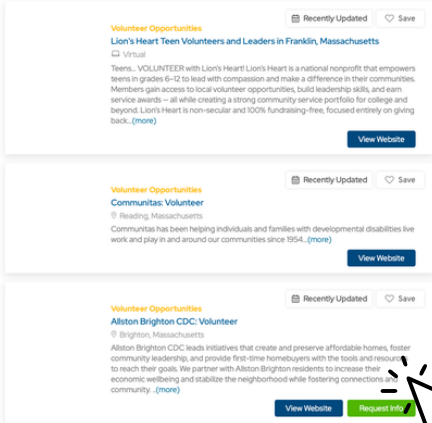
volunteers@bostoncares.org

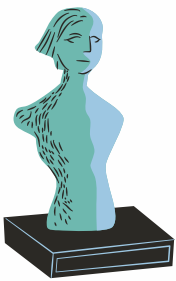
<https://www.teenlife.com/category/volunteer/volunteer-opportunities-boston/>



TEENLIFE VOLUNTEERING

A database with volunteer opportunities for middle and high school students at different organizations across the great Boston area. Has both in-person and virtual volunteer options.





EVENT 9

MUSEUM OF FINE ARTS



MUSEUM OF SCIENCE: IMMERSIVE THEATERS



All ages

Cost: \$2-10

Hours vary by event



Watch science and nature films on a giant screen at the immersive theaters at the Museum of Science. The big screen and surround sound make you feel like you are inside the movie!

Charles Hayden

Planetarium

1 Science Pk,
Boston, MA 02114



617-723-2500



information@mos.org

INSTITUTE OF CONTEMPORARY ART

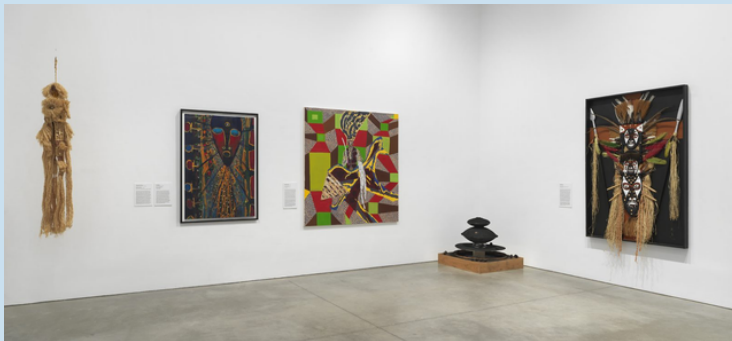


All ages

Cost: \$20, free for kids 18 and under

Tues, Weds, Sat, Sun: 10 AM-5 PM

Thurs, Fri: 10 AM-9 PM



A contemporary art museum that displays paintings, photography, sculpture, videos, and more.

Has occasional art-making workshops shared through their website.

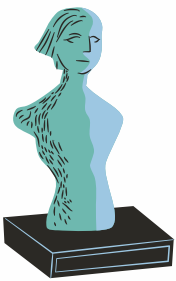
25 Harbor Shore Drive
Boston, MA 02210



617-478-3100



visitorservices@ica
boston.org



EVENT 8

MUSEUM OF FINE ARTS



HARVARD ART MUSEUMS

All ages

Cost: FREE

Tues-Sun: 10 AM-5 PM

An art museum that holds many types of artwork across a variety of disciplines (contemporary, classic, etc) that display paintings, photography, sculpture, videos, and more.

Occasionally, has art-making workshops.



32 Quincy Street
Cambridge, MA, 02138



617-495-9400



disabilityresources@
harvard.edu



MFA DROP-IN ART MAKING



All ages

Cost: \$30 a ticket

Weekends 10AM-4PM

Art materials are provided during open sessions for people to come and create art. Themes for the arts and crafts change weekly and can be seen on their website.



617-524-2053



artclasses@mfa.org



465 Huntington
Avenue Boston, MA
02115

MFA: BEYOND THE SPECTRUM

Ages: 8-12 group, 13-22 group

Cost: \$30 a ticket

Some Saturdays

10:30 AM-12 PM



A program for children and teens on the autism spectrum. Classes include interactive time in the galleries, scavenger hunts, sensory items, and a creative art-making workshop.



617-267-9300

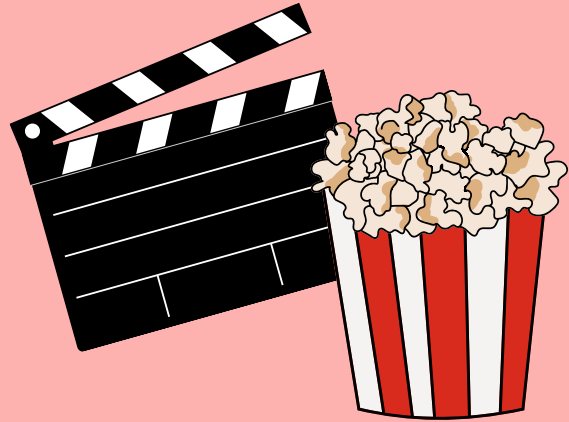


access@mfa.org

END OF YEAR CELEBRATION

AMC SENSORY FRIENDLY FILMS

AMC Theaters has sensory-friendly movie showings where they turn the lights up and turn the sound down, so you can get up, dance, walk, shout or sing!



All ages

Cost: Adult \$18, Child \$15



Check website for local theater showings

<https://www.boston.gov/departments/parks-and-recreation>

BOSTON PARKS AND RECREATION

ABOUT OUR PROGRAMS

<p>Arts and crafts workshops Our arts and crafts workshops are led by local artists. They're typically held Tuesday through Friday in July and August. These workshops encourage kids to explore their creativity through projects like mask-making, coloring, and watercolor and much more.</p>	<p>Neighborhood Concert Series Listen in on the music of Boston, from jazz to rock, or even a picnic basket for one or all of these live, fun events.</p>	<p>Golf Course Concert Series Enjoy a concert on the green at one of the City's golf courses.</p>
<p>Parks Movie Nights Our neighborhood movie series makes for the perfect summer nights. This series is based on workshops during regular.</p>	<p>Puppet shows Experience the unique charm of a puppet show as one of our whimsical puppet performances. Book a ticket to a show with more details when the information is ready!</p>	<p>Watercolor Painting Workshops Our workshops enable artists of all skill levels to create their own gorgeous watercolor masterpieces. Tips and techniques are provided by an instructor. These workshops are held in a fun and supportive.</p>

All ages
Cost: FREE



A website that shows events happening in local parks. This includes concerts, movie nights, fitness programs, sport centers, and more!



Parks all over Massachusetts



EVENT 9

END OF YEAR CELEBRATION

KELLEHER ROSE GARDEN



All ages

Cost: FREE

Mon-Fri: 7 AM-5 PM

Sat-Sun: 10 AM-5 PM



The James P. Kelleher Rose Garden is a small garden full of rose bushes, statues, and a fountain.



73 Park Dr,
Boston, MA 02215



617522-2700



info@emeraldnecklace.org

ARNOLD ARBORETUM



All ages

Cost: FREE

Open daily from
sunrise to sunset



The Arnold Arboretum is a large park with many different kinds of trees and plants from around the world. People can walk on the paths, enjoy nature, and learn about plants.



125 Arborway
Boston, MA
02130-3500



617-522-2700



arbweb@arnarb.harvard.edu

EVENT 9

END OF YEAR CELEBRATION

LAWN ON THE D



All ages

Cost: FREE

Thurs: 3 PM-10 PM

Fri & Sat: 12 PM-10:30 PM

Sun: 12 PM-10 PM

Lawn on the D is an outdoor space for gathering and playing lawn games like ping-pong, JENGA, cornhole, and more. Food and drinks are available to purchase.



420 D St, Boston,
MA 02210



877-393-3393



sales@bostoncmc.com

Mon-Thurs: 12 PM-11 PM

Fri: 5 PM-2 AM

Sat: 12 PM-2 AM

Sun: 12 PM-11 PM

KNIGHT MOVES CAFE

All ages

Cost: \$10 on weekdays,
\$15 on weekends



A cafe with many board games to choose from and play. After paying the player fee, you can play for as long as you like. Food and drinks available to purchase.



1402 Beacon St,
Brookline, MA
02446



617-487-5259



info@knightmovescafe
.com

AT HOME ACTIVITIES



BUBBLE ART

Materials: food coloring, bubble solution or dish soap and water, paper, cups, and straws



Mix food coloring and your soap mixture in different cups. Dip your straw or bubble wand in a cup and blow onto a paper. Let the bubble pop to create bubble art!



<https://tinkerlab.com/bubble-paint-recipe/>



STICKY MURAL

Materials: contact paper and tape

Cut contact paper to the shape you want to make for your mural. Tape the contact paper to a flat surface with the sticky side facing you. Find things outside to stick to the paper. When you're finished, stick another layer of contact paper on top to protect your art.



<https://busytoddler.com/outside-sticky-wall/>

AT HOME ACTIVITIES

SENSORY SEA FOAM



Materials: dish soap, water, food coloring, a bowl/bin, electric mixer, and sea animals toys



Add 2 Tbsp of dish soap, $\frac{3}{4}$ cup of water, and a few drops of food coloring to a larger bowl or bin. Use an electric mixer to mix everything for 1-2 minutes to make foam. Place some toy sea creatures into the foam and play!



<https://taminglittlemonsters.com/sea-foam-sensory-bin/>



FROZEN FUN

Materials: water, cups, and items to freeze

Fill a plastic or paper cup with water, add toys, flowers, legos, or anything you want to dig out later! Place the cup in the freezer for a few hours until it turns to ice. Break the cup to free the ice and work to melt the ice to get to what you put inside.



<https://picklebums.com/twenty-fun-things-to-freeze-in-ice-blocks/>

AT HOME ACTIVITIES



BALLOON TENNIS

Materials: balloons, paper plates, ruler or popsicle sticks



Create your own tennis game by blowing up a balloon and taping a stick or ruler to the back of a paper plate. Throw the balloon up in the air and try to keep it up using your homemade rackets!



<https://www.glitteronadime.com/balloon-tennis-fun-easy-activity-for-all-ages/>

BOAT FLOATING CHALLENGE



Materials: paper, tin foil, tape, coins, plastic cups, water, bin, and other materials around the house

Build your own boat using materials you can find around the house. Fill a bin with water and test your boat to see if it floats. Then slowly add coins for weight and see how long your boat can stay afloat before it sinks.



<https://www.science-sparks.com/float-a-boat-stem-challenges/>



FINANCIAL SUPPORT RESOURCES

LIBRARY PASSES

The Boston Public Library has discounted passes to popular attractions.

- Reserve passes online through the Boston Public Library website.
- Passes can provide reduced admission to places like:
 - **New England Aquarium**
 - **Boston Children's Museum**
 - **Museum of Fine Arts**
 - **Museum of Science**
- Passes must usually be reserved in advance, availability is limited. So plan ahead!



NEW ENGLAND AQUARIUM DISCOUNTS

Boston Family Days

- Boston students (Pre-K through grade 12) receive free admission.
- Up to two guests can enter free with them.
- Available on the first and second Sundays of each month through December 2026.
- Must be a Boston school-aged student.





FINANCIAL SUPPORT RESOURCES

CARDHOLDERS DISCOUNTS

Many Boston museums and other programs also offer discounts for the following cardholders.

- **EBT/SNAP cardholders**
- **Connectorcare members**
- **WIC cardholders**

Check each museum's website before visiting to confirm participation and details.

INSTITUTE OF CONTEMPORARY ART (ICA) DISCOUNTS

Free Thursday Nights

- Admission is free every Thursday from 5-9 PM.

Disability Access

- Visitors receiving federal disability benefits (SSDI, SSI, VA benefits) get free admission, plus one personal care attendant.

Free Youth Membership

- Youth ages 0-8 can sign up for the +1 Membership.
- Members receive:
 - Free museum admission
 - One free guest each visit



WEBSITE LINKS

Club Volo

Adaptive Climbing group: <https://www.adaptiveclimbinggroup.org>

Archery Games: <https://www.archerygamesboston.com>

Paddle Boston: <https://paddleboston.com>

Special-Needs Sports Events: <https://spedchildmass.com/special-needs-recreation-programs-events-massachusetts/>

Create & Connect

Discover Museum: Especially for Me Program:

<https://www.discoveryacton.org/visit/especially-me>

Boston Children's Museum: <https://bostonchildrensmuseum.org>

Paul S. Russell, MD Museum of Medical History and Innovation:

<https://www.russellmuseum.org>

Massachusetts Life Sciences Center: High School Apprenticeship

<https://www.masslifesciences.com/programs/high-school-apprenticeship/>

MITES Summer: *Keep in mind for 2027!*

<https://mites.mit.edu/discover-mites/mites-summer/>

Partners for Youth with Disabilities:

Website: <https://pyd.org>

Volunteer Application: <https://pyd.org/forms/volunteer-application/>

Weir River Farm

Tougas Family Farm: <https://tougasfamilyfarm.com>

New England Aquarium: <https://www.neaq.org>

Green Hill Park Farm: <https://greenhillparkcoalition.org/green-hill-park-farm/>

Natick Community Organic Farm:

Website: <https://natickfarm.org>

Volunteer Info: <https://natickfarm.org/volunteers/>

WEBSITE LINKS

More Weir River

Weir River Farm: <https://thetrustees.org/place/weir-river-farm/>

Sunset Picnic: <https://thetrustees.org/event/446557/>

Family Chores: <https://thetrustees.org/event/446580/>

Winter Crafts

East Boston Community Studio: <https://mlcsboston.org/community-art>

Clayroom: <https://clayroom.com>

Craft Loft: <https://craft-loft.com>

Boston Public Library: <https://bpl.bibliocommons.com/v2/events>

Talent Show

Boston City Light Performing Arts: <https://bclperformingarts.com>

Shakespeare in the Park: <https://commshakes.org>

Community Through Theater: <https://communitythroughtheater.org>

Zumix: <https://www.zumix.org>

Boda Borg:

Level 99: <https://www.level99.com>

Red Fox Escapes: <https://redfoxescapes.com>

Room Escape Boston: <https://www.roomescapeboston.com>

Escape the Room Boston: <https://escapetheroom.com/boston/>

Cradles to Crayons:

People Making a Difference: <https://www.pmd.org>

BUA Volunteer Opportunities: <https://www.buacademy.org/stuco/cs/cs-opportunities/>

Boston Cares: <https://www.bostoncares.org>

TeenLife Volunteering:

<https://www.teenlife.com/category/volunteer/volunteer-opportunities-boston/>

WEBSITE LINKS

Museum of Fine Arts:

Museum of Science: Immersive Theaters:

<https://www.mos.org/visit/exhibits/immersive-room>

Institute of Contemporary Art: <https://www.icaboston.org>

Harvard Art Museums: <https://harvardartmuseums.org>

MFA: Beyond the Spectrum: <https://www.mfa.org/programs/access-programs/beyond-the-spectrum>

MFA: Dop-by Art Making: <https://www.mfa.org/event/gallery-activities-and-tours/drop-in-art-making>

End of Year Celebration:

AMC Sensory Friendly Films:

<https://www.amctheatres.com/programs/sensory-friendly-films>

Boston Parks and Recreation:

<https://www.boston.gov/departments/parks-and-recreation>

Kelleher Rose Garden: <https://www.emeraldnecklace.org>

Arnold Arboretum: <https://arboretum.harvard.edu>

Lawn on the D: <https://www.signatureboston.com/lawn-on-d>

Knight Moves Cafe: <https://www.knightmovescafe.com>

Financial Support Resources:

Library Passes: <https://www.bpl.org/museum-passes/>

New England Aquarium Savings: <https://www.neaq.org/visit/offers-and-discounts/>

Institute of Contemporary Art Savings:

<https://www.icaboston.org/special-discounts-to-the-ica/>

TEAM SUMMER GUIDE 2026

Have a great Summer!



Scan to find information on the TEAM program —Runs September through May



Scan to be sign up for The Autism Program at BMC's Newsletter email list



Scan to find more information about The Autism Program at BMC



The Autism Program

Contact Us:

Phone: 617-414-3842

Email: autismprogram@bmc.org

This guide was created by:
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