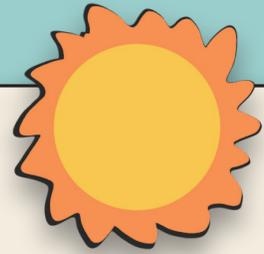




BOSTON
MEDICAL CENTER

The Autism Program



SUMMER



GUIDE

2026



Explore camps and summer activities in and around the Greater Boston area that help support your child's development and well-being!

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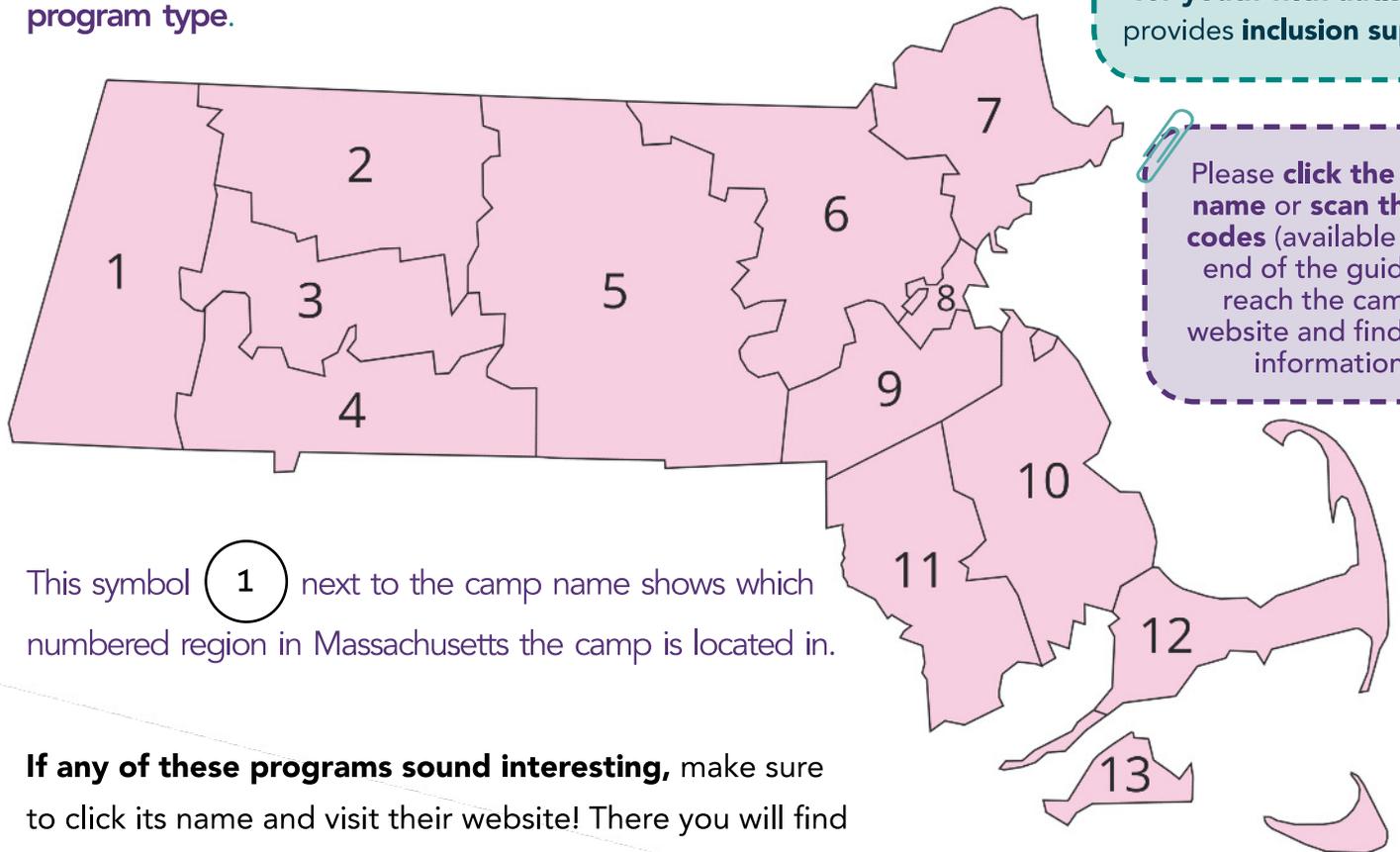
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Inclusive Summer Camps

If you are looking for an **inclusive summer camp** for your child this summer, look no further! Here are **31 options** across Massachusetts and the surrounding area categorized by its **program type**.



All camps listed below are **for youth with autism** OR provides **inclusion support!**



Please **click the camp name** or **scan the QR codes** (available at the end of the guide) to reach the camp's website and find more information!

This symbol **1** next to the camp name shows which numbered region in Massachusetts the camp is located in.

If any of these programs sound interesting, make sure to click its name and visit their website! There you will find a lot more information from camp dates, how to register, to what types of individualized supports can be arranged for your child. Camps/programs also often provide **financial assistance** in the form of **scholarships** or **sliding scales**, so make sure to reach out to them directly (of course, the earlier the better) to find out what's available!

Autism & Asperger's
Events & Workshops
in Massachusetts



More Special-Needs
Camps & Fairs
Massachusetts 2025

If you would like **more summer camp options**, **SPED Child Mass** offers a great list that can help. You can find camps not only in MA, but also NH, ME, VT, and RI!

DAY CAMPS



Disclaimer: We know camps can be expensive! If you're in need of financial assistance, please try:

1. Contacting the camp directly
2. Asking your doctor
3. Contacting DDS
4. Reaching out to local organizations



The sooner you reach out, the more likely you are to receive aid!



CAMP JOY

[Click me!](#)

1

Boston, MA | roberta.smalls@boston.gov | 617-961-6952

July 13 - August 7
(one four-week session)

8 am - 2 pm

\$275 total

* financial aid may be available from BMC but payment cannot be through an agency check or else fee is \$350

Ages 3-15. Created by the Boston Center for Youth & Families (BCYF), Camp Joy is for Boston residents with disabilities and their siblings (ages 3-7). A summer at this camp offers a variety of enrichment activities designed to: promote peer-to-peer socialization, foster relationship building, and support individual growth. They provide 4:1 child to staff ratio, breakfast/lunch and door-to-door transportation for Boston families! *Summer 2026 application will be available in the spring.*



CAMP RAINBOW

6

Cambridge, MA | camprainbow@cambridgema.gov | 617-349-6229

Weekly
July 6- August 14

Full-day sessions
(9am - 3pm)

\$60/week

Half-day sessions
(12:30pm - 3pm)

\$15/week

Ages 6-22. Camp Rainbow is an annual summer camp serving Cambridge young people with disabilities. Participants enjoy a variety of experiences, including outdoor activities, swimming, arts & crafts, and cooking. Camp Rainbow takes field trips to local attractions (mini golf, bowling, zoos, farms, and more) every Wednesday of camp sessions. Apply by 4/24/26.



DAY CAMPS



#3

CAMP ECHO BRIDGE

6

Newton, MA | parks@newtonma.gov | (617) 796-1500

June 29 - August 7
(one-week sessions)

8:30 am - 3:30 pm
(extended day available)

Week 1: (Residents): \$305(Non-Residents): \$320
Week 2-6: (Residents): \$380(Non-Residents): \$395



* scholarships available and cheaper fees for first week of camp

Ages 6-21. Camp Echo Bridge is an inclusive day camp serving campers with and without disabilities that focuses on fun while bridging recreation and academics in the summer time. Daily indoor and outdoor activities will include sports, arts and crafts, games, gym, academic enrichment activities, music, drama, swimming at Crystal Lake, and more. *Now offering overnight week for campers with disabilities and their siblings.*

#4

PETER PAN SUMMER PROGRAM

6

Boxborough, MA | dshea.peterpancenter@gmail.com | 978-413-1965

July 7 - August 20
(three-day sessions)
Tuesday - Thursday

Grades K-6:
9am - 12pm

\$480/week

Grades 7-12:
9am - 12pm

\$580/week

* deposits required

Grades K-12. Peter Pan's Camp Russell Summer Program focuses on fostering social growth, confidence, and success in children through nine hours of direct social coaching each week. The program incorporates participant-inspired games and activities, encouraging children to explore and interact with peers in a supportive environment. Through unique, in-the-moment social coaching, kids learn to apply social knowledge in real-life situations.



DAY CAMPS



#5

CAMP ARROWHEAD

6

Natick, MA | camparrowheadnatick@gmail.com

June 23 - July 30
(4-5 day sessions)
Monday - Friday

9:00 am - 3:00 pm

4-day week:
Resident: \$284
Non-Resident: \$379

5-day week:
Resident: \$350
Non-Resident: \$440



Ages 5-19. Camp Arrowhead operates a six-week day camp that is open to children and adults with disabilities. Campers participate within these groups for some daily events, while other activities are done as a whole camp. Each camper is paired with a 1:1 which could be one you provide or they will search to provide one for you, to offer companionship and assistance as needed. A residential camp is also offered but costs more.

#6

CENTER OF HOPE

5

Charlton, MA | rthompson@thecenterofhope.org | 508-764-4085

June 30 - August 22
(4 day sessions)
Tuesday - Friday

9:00 am - 3:00 pm

Standard rate:
\$400/week

For 1 : 1 staffing:
\$775/week

* deposits required

Ages 6-21. Camp Hope is an inclusive day camp with a traditional summer camp experience for all, where campers can have fun playing games, arts & crafts, activities and aquatics, and much more! 1:1 staffing can be arranged. (8 weeks)



DAY CAMPS



#7

EASTERSEALS CAMP

10

Bridgewater, MA | tbc@eastersealsma.org | 508-471-1478

Week long sessions:

June 23-26

August 10-14

August 17-21

8:30 am - 11:30 am

4-day week:

Day: \$190

Week: \$760

5-day week:

Day: \$190

Week: \$950

*Limited external financial aid; 1:1 support with extra fee

Accept ages 4-22 Welcome to **Camp at The Bridge Center**, where individuals of all abilities come together for an unforgettable summer experience. Campers spend their time indoors and outdoors, playing and exploring at their fully accessible 22-acre campus which offers endless opportunities for fun, learning, and friendship-building. Daily activities are designed to be inclusive for all campers and include arts & crafts, adaptive biking, cooking, small animal interactions, nature trail explorations, water play on their splash pad, and more!



#8

CAMP HOWE (DAY CAMP)

3

Goshen, MA | office@camphowe.com | 413-268-7635

June 22 - August 14
(one-week sessions)

8:30am - 5:30pm

\$450-550/week

*campership award program is available

Ages 7-17 In **Camp Howe's ECHO program**, youth are fully integrated into every aspect of the camp program, from cabin living to every activity. Activities, such as archery and environmental studies, are tools for assisting in the personal growth of an individual and the community as a whole. Campers can choose activities to fit their interests while other programs are enjoyed by everyone to provide well-rounded experiences. Sleepaway camp options also available.



DAY CAMPS



#9

SPRINGFIELD JCC

4

Springfield/Longmeadow, MA | tbc@eastersealsma.org | 413-739-4715

June 22 - August 14
(Week long sessions)
Monday - Friday

9:00 am - 4:00 pm

For 1 : 1 staffing:
\$800/week

For 2 : 1 staffing:
\$650/week

*375/week if outside support is provided, scholarships available

*An additional hour before and/or after camp hours may be requested

Ages 5-18. Through **Springfield JCC's Inclusion Camp**, campers with special needs receive individualized support to ensure they have a positive and enjoyable camp experience. Located on a 20-acre campus, their camp offers exciting activities, including archery, ropes courses, arts and crafts, and more! This camp is packed with fun summer experiences along with the support of a Special Needs Inclusion Counselor for children with social, emotional & behavior support needs. They can also offer 1:1 or 2:1 support.

#10

TIMBERNOOK SUMMER CAMP

6

Concord, MA | sherry.kenin@timbernook.com | 978-287-7878

July 6 - August 14
(6 one-week sessions)

8:30am - 5:30pm

\$450 - \$562/week

*each week is targeted towards different age groups

*Insurance not accepted. Limited grants for scholarships; some children have received funding from their school system.

Ages 4-12. **TimberNook camp** offers many nature and play-based summer programs for kids with developmental disabilities. TimberNook Middlesex County allows children to naturally develop their social-emotional and fine/gross motor skills through free play. Ages are flexible.

DAY CAMPS



#11

BHN KAMP FOR KIDS

4

Westfield, MA | Anne.Benoit@bhninc.org | 413-562-5678

Two week sessions:

July 6-17

July 20-31

August 3 -14

9:00am-2:00pm

\$1,100
*many grants
and funding



Ages 5-19. Kamp for Kids brings together children with and without disabilities to promote understanding and growth. The Kamp experience includes fun activities like Spray park, expressive arts and crafts, outdoor nature education, non-competitive sports, and more! As a fully inclusive summer camp, it is their mission to serve a population of both children with disabilities and their typically developing peers. Nurse onsite.

#12

BGC BERKSHIRES

1

Pittsfield, MA | cstockton@bgcberkshires.org | 413-448-8258

8 weeks in summer
(dates TBD)

8:30am - 3pm

\$215 /week
\$23 membership fee

*no financial supports

Ages 6-22. The Boys and Girls Club's **Camp Russell** program emphasizes the continuation of school IEP objectives to prevent regression & encourage the development of positive self esteem and age appropriate social skills. Any Boys And Girls Club member with an Independent Education Program (IEP) are eligible!

***Summer dates will be posted by the end of March**



DAY CAMPS



MGH ASPIRE

MA | mghaspire@partners.org | 781-860-1900

Aspire, a MassGeneral Hospital Program, is specific for children, adolescents, and adults on the autism spectrum. Individuals come together to build social skills, stress management strategies, and self-awareness through interactive and supportive activities. A strict enrollment policy applies, including an intake form.

6

Adventure Camp - Westwood, MA

June 29 - August 7

Monday - Friday
8:45am - 2:45pm

5-7 year old: \$6,395
7-13 year old: \$6,795

*financial aid available

Ages 5-13. Children participate in typical day camp activities, such as swimming, hiking, art, and music. Campers also receive in-the-moment social coaching to build social competency, stress management and self advocacy skills. Older campers participate in community outings, pre-vocational opportunities, and management of the camp store.

6

Explorations - Newton, MA

June 30 - August 8

9:30 am - 3:30 pm
2:00 pm (Fri)

\$6,795

*financial aid available

Ages 14-19. Participants engage in experiential learning through supported recreational and social activities within the community. The curriculum includes practical life-skills such as financial literacy, itinerary planning, and effective time management.

6

Transitions - Lexington, MA

June 30 - August 8

9:30 am - 3:30 pm
2:00 pm (Fri)

\$6,795

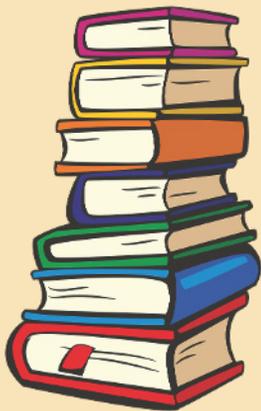
*financial aid available

Ages 16-22. This program helps with the transition to work and college environments by placing participants at a volunteer work site two days per week. They also receive job-coaching and career skill training and college exploration activities.

DAY CAMPS



#14



RIVERVIEW SCHOOL



12

Cape Cod, MA | admissions@riverviewschool.org | 508-888-0489

July 8 - August 10
(5 week program)

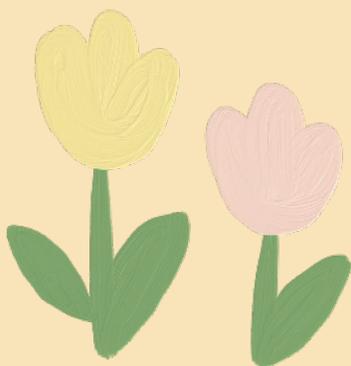
TBA

\$7,232 /5 weeks
Financial Aid
Available

*financial aid available

Ages 11-21. Riverview's Summer Program is an opportunity for students to maintain academics, improve upon independent living and executive functioning skills while enjoying social opportunities with peers. Summer at Riverview offers programs for three different age groups: Middle School, ages 11-15; High School, ages 14-19; and the Transition Program, GROW (Getting Ready for the Outside World) which serves ages 17-21.

#15



CAMP TRIUMPH

6

North Reading, MA | triumphcenter@verizon.net | 781-942-9277

9am - 3pm (Mon-Thurs) and 9 am - 12 pm (Fri)

3 periods: #1: June 29 - July 17, #2: July 20 - August 7, #3: August 10 - August 21

2-week session	\$2,100
3-week session	\$3,025
8-week session	\$8,150

*\$150 extra fee for first-time campers; payment plans and fee reduction rate form possible at administrators' discretion

Ages 6-16. Camp Triumph is a specialized summer day program for children and adolescents ages 6-16. Some of the Camp Triumph campers have not had a positive camping experience in a regular day camp, but do not require a camp for children with severe psychological, behavioral, mental, or physical difficulties. The group sizes for camp are up to 11-12 children per group with 3 counselors. The ratio in the groups is a 3:1 ratio with licensed psychologists supervising staff.

DAY CAMPS



#16

CAMP FUSE

6

Lexington & Norwood, MA | lauren@fuseprogram.com | 781-658-3009

June 22 - August 6
(Monday - Thursday 7 wks)

9:00am - 1:30pm

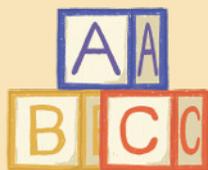
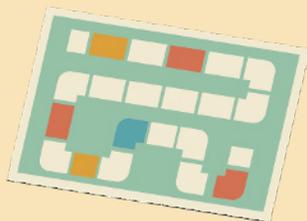
\$6,650
Financial aid
available

*A \$200 intake evaluation is required, which may be reimbursable by insurance (PPO plans)

Ages 2.9-8. F.U.S.E. Summer Camp hosts a small ratio of 5-7 children with 2 teachers. Camp is 7 weeks. The goals of the summer program include:

Enhancing peer interactions, strengthening play skills, promoting social communication, increasing flexibility and problem solving in peer interactions. Lastly, enjoying and sharing fun experiences with peers!

They also offer an **Early Learner's Summer Program** for ages 1.5-4 years.



THERAPEUTIC



Although summer programs can help children with autism practice social and behavioral skills even past the school year, **therapeutic camps are particularly focused on helping your child meet their social and behavioral goals** through therapeutic interventions, such as:

- ABA (Applied Behavioral Analysis) principles
- Speech therapy
- Direct therapy
- AAC (Augmentative and Alternative Communication)
- And/or more

Recommendations:

- Camps that offer specialized therapies or services often have limited capacity. Being on a wait-list is not a guarantee for attending. It can be helpful to get on multiple
- Call or email for questions about individual circumstances.



SPOTLIGHT PROGRAM



Westfield, MA | ccurtin@ne-arc.org | 978-924-5843

July - August

9:00am - 2:00pm

Covered by most insurance



Ages 6-22. Northeast Arc's Spotlight program utilizes ABA to bring meaningful change to social behaviors. Your child will be taught social skills and demonstrate within groups using role play and games!.

THERAPEUTIC



18



TALK TIME

9

Arlington, MA | info@talktimeboston.com | 508-252-8331

July 13 - August 28 (5 day sessions vary)	9:00 am - 1:00 pm	Check for pricing financial aid superbill available
--	--------------------------	--

Ages 2-7. **Talk Time Boston** is a summer program designed for children with speech, language, and social communication challenges. Programming is led by licensed speech-language pathologists and incorporates evidence-based speech therapy approaches, including AAC support, language development groups, social communication practice, literacy activities, and play-based learning to support communication skills and peer interaction.

19



THE SENSORY LEARNING CENTER

9

Wellesley, MA | sammyb@wellesleyot.com | 781-489-3697

July - August Mon, Wed, & Fri 4 week minimum	9am - 12pm	\$500/week
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*Insurance not accepted

Ages 4-6. The Sensory Learning Center summer program is designed for children who benefit from individualized support and small group sizes to succeed in play and peer interactions. Led by occupational therapist Sammy Brown, children will participate in daily obstacle courses, turn-taking games, multi-step crafts, and other activities to build gross motor, fine motor, language, and sensory integrative skills.

THERAPEUTIC



20

THE LARK CENTER

9

Norwood, MA | contact@thelarkcenter.com | 508-233-2293

July 7 - August 28 (Tuesday-Friday)	9am - 1pm	\$1,300 / week May be by most insurance
--	-----------	--



Ages 2-17. A therapeutic summer program at **the Lark Center** focuses on sensory skills, art, music, fine and gross motor feeding, toileting, social language, school readiness (for ages 2-6), as well as fitness, recreation, games, art, music, cooking, outings (for ages 7-17). Children receive at least 30 minutes of direct therapy everyday.

21

CAMP COMMUNICARE

4

Holyoke, MA | hillary.jellison@tatebehavioral.com | 413-302-1503

July 8 - August 8	9am - 1pm	\$3,000
-------------------	-----------	---------



*1:1 support for an additional fee

Ages 3-22. Camp Communicare is a 5-week immersive summer camp for individuals using AAC and total communication. Enjoy music therapy, movement groups, science experiments, cooking, swimming, and much more! Older campers (22+) may also return as counselors-in-training.

SPORTS



22

ADAPTIVE SPORTS PROGRAM



8

Brighton, MA | PaWard@franciscanchildrens.org | (617) 779-5475

August 3-7
August 10-14

Morning 9am-12pm
Afternoon 1-4pm

Little to no
cost



Ages 2-21. Information to come in April 2026. The New Balance Foundation Adaptive Sports Program at Franciscan Children's provides children and adolescents with intellectual, emotional and/or physical disabilities the opportunity to participate in sports and active recreation activities in a fun and safe environment. Their program promotes learning and development of skills, social opportunities and improvement to overall health and fitness through moderate to vigorous physical activity. Their programs are open to children and adolescents living with a disability in the Greater Boston Area, and families must choose either the morning or afternoon session.

23

CAMP SHRIVER

9

Newton, MA | campshriver@umb.edu | 617-287-7247

July 6 - July 31

8:30am - 2pm

Free*
\$25 registration
fee



*there is a \$25 registration fee only for accepted campers

Ages 8-12 and Grades 3-6. Camp Shriver at the University of Massachusetts Boston serves an equal number of children with and without disabilities so that all children can play, learn and interact in meaningful ways with their peers? no matter what their disability status. Camp Shriver's mission is to improve the social, emotional, and physical well-being of children of all abilities, by providing an inclusive community of friendship and fun. * Campers should be Boston/Quincy residents. *

SPORTS



24

BINA FARM

Lexington, MA | info@binafarm.org | 781-862-5020

6

BINA Buddies

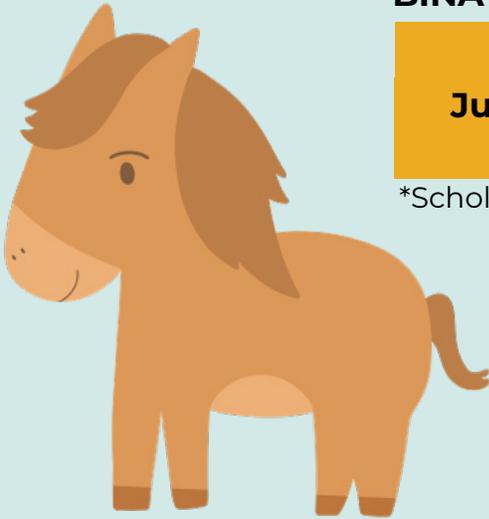
July 6 - August 20

9 am- 1 pm

\$895 and
Covered by
some insurances

*Scholarships covering 25-50% are available to families unable to pay full cost

Ages 6-12. Learn all about their four-legged friends, and how to care for them! This program is designed for those who want to spend more time on the ground with these incredible creatures, and welcomes children of all abilities and skill levels. Participants will attend daily unmounted horsemanship classes, enjoy gardening, games, arts and crafts.



Horsing Around

July 6 - August 31

TBD

TBD

Ages 6-14. This program is open to all abilities and skill levels, and designed for those that would like to get on the saddle! Participants will take part in group horseback riding and horsemanship classes daily, as well as other activities such as arts & crafts and games.



MUSIC/ARTS



25

ABLE SUMMER MUSIC PROGRAM

8

Berklee College of Music Boston, MA | biaae@berklee.edu | 617-266-1400

July 27 - July 31
August 3 - August 7

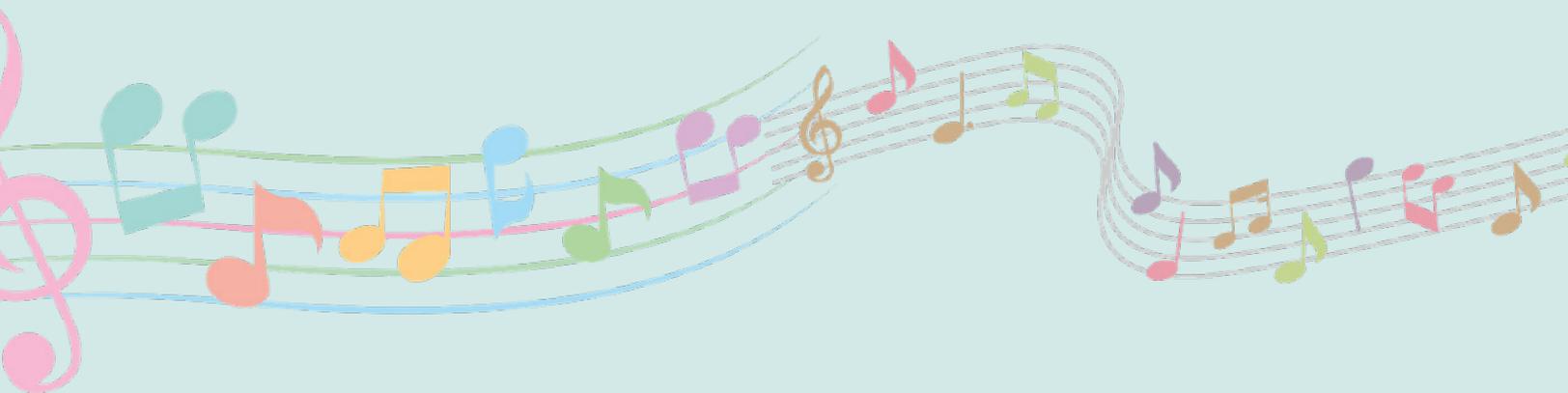
8:30 am - 3:00pm

\$1,100/week



Ages 9-17* At Berklee, they believe that the arts better the lives of everyone. That's why they offer the ABLE Day Sessions program for musicians with disabilities. Study your instrument in group lessons. Play or sing with other musicians in an ensemble. Experience music through drumming, singing, and music technology workshops. Learn from other musicians in clinics. Share your music in a performance with your ensemble at the end of the week.

*must have at least 6 months of playing or singing experience by the start of the program.



RESIDENTIAL



#26



CAMP JABBERWOCKY

13

Vineyard Haven, MA | info@campjabberwocky.org | 508-693-2339

Summer Camp (Overnight) 4 sessions	Session 1 June 23 - June 29 June 29 - July 5	Session 3 July 26 - August 1 August 1- August 7	Free
	Session 2 July 9 - July 15 July 15 - July 21	Session 4 August 11- August 17 August 17 - August 23	

Serving all ages from 10-60 years. From the end of June to the end of August, **Camp Jabberwocky** offers children and adults with a wide range of disabilities the chance to enjoy the summer in a small family-like community -- living together and enjoying jam-packed days filled with adventurous activities and experiences that are safe, empowering, exciting and fun. While at camp, we enjoy activities on their beautiful campus and out and about in the Martha's Vineyard community.

#27



CAMP HOWE (OVERNIGHT)

3

Goshen, MA | office@camphowe.com | 413-268-7635

June 21 - July 31	Echo: \$1000
1- or 2-week sessions	Juniors: \$695 Teens: \$725

*campership award program

Ages 7-17. In Camp Howe's **ECHO program**, youth are fully integrated into every aspect of the camp program, from cabin living to every activity. The Echo program has a more than 50-year history and is an integral part of their camp program and camp community. Activities, such as archery and environmental studies, are tools for assisting in the personal growth of an individual and the community as a whole. Campers get to choose some of your activities to fit their interests while other programs are enjoyed by their entire group to provide well-rounded experiences.

OUT-OF-STATE CAMPS



28

CAMP ALLEN

Bedford, NH | deb@campallennh.org | 603-622-8471

Day Camp

(9 sessions) 6/22 - 6/26 6/29 - 7/3 7/6 - 7/10 7/13 - 7/17	7/20 - 7/24 7/27 - 7/31 8/3 - 8/7 8/10 - 8/14 8/17 - 8/20	9 am - 3:30 pm	\$825 per session Final session: \$710

*financial aid limited and camp is almost 80-85% full as of end of January

Ages 6+. An experience at Day Camp has a full range of fun activities that are adapted to camper's abilities. There is a 2:1 staff to camper ratio with four 1:1 spots. Camp Allen will work with school districts to implement the goals in a camper's IEP. (Individual Education Plan).



Residential Camp

9 sessions: June 7-12 June 14-19 June 21-26 June 28 - July 3 July 5-13 July 16 - 23 July 26-31 August 8-14 August 16-21	Five-Day week	\$1725
	Eight-Day week	\$2760

*financial aid limited and camp is almost 80-85% full as of end of January

Ages 6 to elderly. Camp Allen has positively changed the lives of hundreds of individuals over the years, and continues to do so by offering a full range of fun activities that are adapted to every need. There is a 2:1 camper to staff ratio with 20 1:1 spots available in each session. Camp Allen is a lifetime of memories and friendships!



OUT-OF-STATE CAMPS



29

CAMP STARFISH

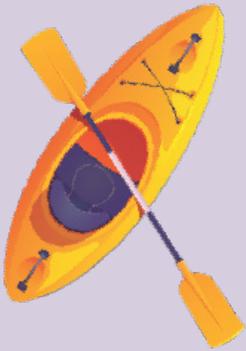
Rindge, NH | info@campstarfish.org | 603-899-9590

June 22- June 26

5 days / 4 nights

\$2,100

*financial aid available



Ages 6-14. With Camp Starfish's Havago program, youth on the Autism spectrum can experience the excitement and fun of overnight camp in a structured, safe, and nurturing environment. Campers will enjoy all the fun of camp - swimming, boating, crafts, nature exploration, cabin life, and much, much more while building their social skills, independence, and self-confidence. In addition, with the 1:1 staff-to-camper ratio, campers are always able to take a sensory break when they are overstimulated.

Note: Havago program is not the only option at Camp Starfish for youth on the spectrum; many campers with Autism attend other programs at Starfish!

30

CAMP WANNAGOAGAIN!

West Kingston, RI | Catherine.Young@lifespan.org | 401-785-2666 ext. 76787

Session 1: July 20 - 24

Mon - Thurs:
9:00am - 3:00pm

Standard Rate: \$550

Session 2: July 27 - 31

Friday:
9:00 am - 1:00pm

For 1:1 support:
If dropped off: \$750
If they are on the bus: \$1000

Session 3: August 3 - 7

*Camperships are awarded on a sliding scale

Ages 5-21+. The purpose of **Camp WANNAGOAGAIN!** is to provide a safe, supported and fun camp experience for children, teens, and young adults with autism and related social-emotional or communication challenges. This camp provides visual supports, 1:1 support when necessary, and relaxation techniques that enhance self-regulation among many other supports.



OUT-OF-STATE CAMPS



MAC (MAINSTREAMING AT CAMP)

Claryville, NY | Contact Form | 212-273-6272

Dates TBD

Dates TBD

\$3,995 per session

*camp scholarships available



Ages 8-18. MAC (Mainstreaming at Camp) is a recreational summer camp program where the focus is having fun in a supportive and inclusive residential camp setting. MAC is run in partnership with **Frost Valley YMCA**, one of the nation's largest residential summer camps. Within the MAC villages, there is a ratio of 3:1 (camper:staff) maintained at all times. This allows for additional support with ADLs (activities of daily living), navigating social interactions, and flexibility for each individual's specific needs. Most importantly, they see campers in the MAC program self-defining as a part of the larger camp community, developing pride in their experience.

Former campers are also encouraged to apply to be counselors/staff members!

EXTRA CAMPS



Here are some extra camps that are not special-needs focused and/or inclusive but are still fun for the summer and are affordable!



8

YMCA GREATER BOSTON

Burbank/Reading, Charles River/Needham, Dorchester, East Boston, Boston, Fenway/South End, Woburn, Allston/Brighton, Hyde Park, Roxbury, West Roxbury/Dedham, Waltham, & Chinatown

June 22- August 28 (one week sessions)	7:30am - 5:30pm Monday to Friday	\$330-\$575 Depending on location and membership status
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Ages 3-13. The **Y Summer Day Camps** are a place where kids can be kids and enjoy the great outdoors with swimming, field games, arts and crafts, group activities, field trips and other exciting events offered throughout the summer.

YMCA Camps vary by age, location, and cost.

9

YMCA SOUTH SHORE CAMP QUIRK



Quincy, MA | campquirk@ssymca.org | 857-403-4744

June 15 - August 21 8am-5pm (weekly)	Lower Camp (5-7)	8/9am- 3:30/5pm	\$325-\$410
	Upper Camp(8-12)	8/9am- 3:30/5pm	\$325-\$410
	Voyagers Camp (13-14)	8/9am- 3:30/5pm	\$325-\$410

*financial aid available

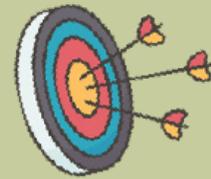
Entering K-10th grade. Now, more than ever, kids need outdoor activity and the connections of camp. At **South Shore YMCA Camp Quirk**, children build memories that last a lifetime, in a place where they truly belong. Y camp is a place for kids to make friends, build character and actively explore their imagination. Their extensive variety of programs provides a summer adventure for everyone. Camp Quirk offers traditional day camps as well as art, sports, and STEM summer camp options.

EXTRA CAMPS



11 CAMP RAMSBOTTOM

Rehoboth, MA | llastrina@bgcpawt.org | 401-722-8840



June 22nd - August 14th
(4 sessions, 2 weeks each)

8:30am-4:15pm

\$600/session

*scholarships are available but first come first served

Ages 6-13. The Boys & Girls Club of Pawtucket's Camp **Ramsbottom** features over 170 acres of summertime fun. Campers from diverse backgrounds come together to experience summer fun through adventure, discovery, and outdoor play. From recreation and sports to arts and crafts, this camp offers many activities, including archery, drama, and gardening, that create lifelong memories.

*They also offer a Teen Summer Program for **ages 13-18.**



CAMBRIDGE CAMPING



June 1 - August 31

***Day or overnight camps varies by location**

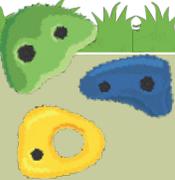
Scholarships are awarded based on financial need and camp availability but there is a \$10 fee

*For more information regarding specific dates and times, visit [this Cambridge Camping CCAccess Partner Camps page.](#)

Ages 5-17. Cambridge Camping's **CCAccess scholarship program** makes unforgettable camp experiences accessible to all, offering day and overnight options across Massachusetts and New England. Tuition rates are negotiated to meet families' needs, and they're always expanding their network. Cambridge Camping partners with a wide variety of up to 60 day and overnight camps, and new camps are added throughout the year. Here is a list of camps they are partnering with.



EXTRA CAMPS



8 9

ROCKSPOT CLIMBING CAMP

S. Boston, Dedham, Malden, Brookline | ProgramManagerBDH@rockspotclimbing.com | 617-333-4433

See website for location
and dates

Times TBD

See
registration

Ages 6+. Each week of **Summer Adventures camp** includes a variety of climbing based skills and games as well as team building activities, crafts, and more! This is a great place to make new friends who have a shared interest or to spend time with good friends from outside of the gym. This program is staffed at a low participant to staff ratio.



VIKING CAMP



Many locations throughout New England | info@vikingcamps.com | 508-358-5066

June 8 - July 10
(weekly sessions)

9 am - 3 pm

\$300-\$525

Ages 5-13. **Multi-Sport Summer Camps** include a fun variety of sports, and **Sport-Specific Camps** are also offered. Camps are designed to promote regular physical activity, sportsmanship, and values. In Brookline and Medway, in addition to their multi-sport camps, they offer Soccer Camp, Baseball Camp, Flag Football Camp, and Soccer Academy, etc..



6 8

STEVE & KATE'S CAMP

Boston-Jamaica Plain, Cambridge, & Newton, MA | Contact information varies by location

June 15 - August 21

8 am - 6 pm

Day pass: \$134

Summer pass: \$357

Ages 4-12. Campers at Steve & Kate's Camp choose minute to minute from a variety of activities, including sewing, stop-motion animation, music, sports & recreation, makers crafts, bread making, and more. The camp staff's job is to get out of their way, cheerlead creative risks, and provide just enough guidance for kids to make their own way.

ADULT RESOURCES

In addition to the camps marked with a star , listed below are some more resources and programs specifically for adults!

#1



CAMP CALCIA

North Attleboro, MA | kayleas@hockymca.org

11

4 two-day sessions

July 11-12
July 18-19
July 25-26
Aug 1-2

9 am - 2pm

YMCA Members: \$ 171 / weekend
Non Members: \$ 256 / weekend

YMCA Members: \$ 102 / day
Non Members: \$ 142 / day

Ages 18-60. Welcome to **Camp Calcia**, an exciting camp for adult ages 18-60 years old with special needs. This half-day camp will provide each camper the opportunity to try new things and make new friends. Each camp session includes a variety of activities, which may include: swimming, sports and games, arts and crafts, gardening, ropes course climbs, and theater/improv activities. Campers may register for both weekend days, or just one day. An intake interview with the Camp Director is required as part of the registration process.

#2



THE LARK CENTER

Norwood, MA | contact@thelarkcenter.com | 508-233-2293

9

Tuesdays, Wednesdays
and Thursdays

9:00am-1:00pm

\$200/day

Ages 18-30. A therapeutic summer program at the Lark Center focuses on utilizing strengths, special interests, and innate motivations to build skills, independence, and confidence. Campers in the Owls are in small groups of up to 6 young adults, with individualized supports and at least 30 minutes of direct therapy per day with one of their talented therapists.

ADULT RESOURCES

#3

BOSTON CENTER FOR INDEPENDENT LIVING

8

Boston, MA | ewalters@bostoncil.org | 617-338-6665

Dates TBD	Times TBD	Free
	Times TBD	



Ages 14-22. Each **workshop** includes a presentation on an independent living-related topic and an interactive activity, such as intro to budgeting or basic cooking skills. Workshops are typically in hybrid format, so students can either attend by coming into their Downtown Crossing office or join virtually through Zoom. One day out of the week they also do a fully in-person '**Community Day**' where students come to their office and then they all travel into the community.

Summer 2026 schedule will be posted in May

#4

THE TRIUMPH CENTER

6

Reading, MA | triumphcenter@verizon.net | 781-942-9277

June 29 - July 17 July 20 - August 7	Times TBD	\$3,025 per 3-week session
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Ages 17-29. The Triumph Center offers specialized young adult groups during the summer. Group programming focuses on improving social skills, promoting independent living skills, community service involvement, health and wellness awareness, and post-high school learning/employment preparation. Groups may also include community outings to facilitate skill generalization. Our young adult services aim to ease the transition into adulthood by addressing various challenges and promoting a range of functional skills.

ADULT RESOURCES



MGH ASPIRE

mghaspire@ mgb.org | 781-860-1900



Aspire Works Internship - In person, hybrid, and virtual

June 1 - August 6

**Monday (1:00pm - 2:30pm)
Thursday (1:30pm - 3:00pm)**

**Paid
scholarships
may be
available**

*financial aid available

Ages 18+. MGH Aspire's internship program carefully matches participants with employer partners who are eager to develop their talent. They support employers in understanding how to best work with interns, while helping internship participants to solidify their professional skills. Internships run for 10–12 weeks, typically 10–40 hours per week.

Relationships - Virtual

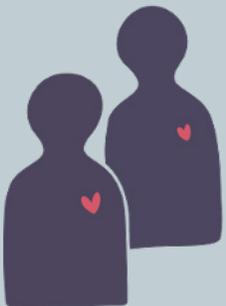
June 25 - August 6

**Thursdays
(5pm - 6:15pm)**

**Check website
for details**

*financial aid available

Ages 18+. MGH Aspire's relationships group provides an opportunity for participants to come together to talk about relationships in adulthood. Discussion topics, to be determined by the interests and needs of the group members, may include romantic relationships, intimacy & sexuality, friendships and work relationships.



FAMILY ACTIVITIES



Farms + Fruit Picking

Be sure to check whether the farms accept cash/card!



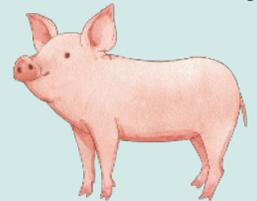
North Shore

 [Click me!](#)

- Russell Orchards (Ipswich): strawberries, blueberries, raspberries, and blackberries
- Brooksby Farm (Peabody): fruits, play yard, barnyard animals, farm store with freshly picked garden fruits and vegetables

South Shore

- Tree Berry Farm (Scituate, MA): blueberries
- C.N Smith Farm (East Bridgewater): strawberries, blueberries, peaches, farm animals, garden center



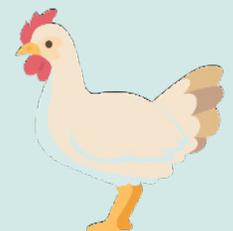
MetroWest

- Belkin Family Lookout Farm (South Natick): strawberries, peaches, nectarines, plums, kid's play area, farm animals
- Ward's Berry Farm (Sharon): strawberries, blueberries, hayride, picnic area

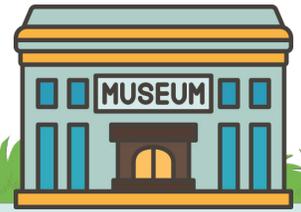


Other Boston-area berry farms

- Blue Meadow Farm (Sudbury): blueberries
- The Blueberry Farm (Hanson) : blueberries
- Boston Hill Farm (North Andover): strawberries, raspberries, blueberries, animals
- Canver Hill Orchard (Stow): cherries, blueberries, vegetables, country store
- Connors Farm (Danvers): blueberries, raspberries, strawberries, and blackberries, special attractions for kids (ex: hayrides, play areas)
- Hanson's Farm (Framingham): flowers, blueberries, blackberries
- Honey Pot Hill Orchards (Stow): blueberries, hayrides, mazes
- Parlee Farms (Tyngsboro): strawberries, cherries, blueberries
- Patt's Blueberries (Holliston): blueberries



FAMILY ACTIVITIES



Museums and Attractions

Boston Children's Museum [Click me!](#)

- The *Morningstar Access Program* at Boston Children's Museum offers children with disabilities or other special/medical needs the opportunity to visit the Museum at a time when there are only a few other visitors. At these times, there is a limit of 100 guests, so children and their families can explore the Museum with less concern about large crowds.



Museum of Fine Arts Boston

- *Beyond the Spectrum* is offered to both younger kids and teens with autism on select Saturdays from 10:30 am-12 pm. Kids can explore the gallery and then work on an art project.



Discovery Museum Acton

- The *Especially for Me* event series offers dedicated hours and free admission for families with disabilities. During these events, the museum offers accommodations that increase access to exhibits and provides an opportunity for families to network. All events are free, but require pre-registration online.



New England Aquarium

- To help people with special sensory-processing needs enjoy their visit, special kits (includes noise-canceling headphones, fidget tools, picture-communication cards) are available at the Information Desk and a social story of the Aquarium is online.
- There is also a sensory cool-down space for for guests seeking a quiet, private space.



AMC Theaters

- AMC partners with the Autism Society to offer their *Sensory Friendly Film* program every second and fourth Saturday for family-friendly films and Wednesday evenings for mature audiences each month. Theaters turn the sound down and turn the lights up so you're not in complete darkness. Kids are welcome to get up and move around, and even sing and dance along with the movie.



Chuck E. Cheese

- On the first Sunday of each month, Chuck E. Cheese hosts their *Sensory Sensitive Sundays*. They open their doors two hours early with a quiet environment, dimmed light, and onsite trained staff to help guests as needed.



FAMILY ACTIVITIES



Parks and Recreation

Access Pass for National Parks

- The National Park Service offers a free, lifetime pass - available to U.S. citizens or permanent residents of the US of all ages with permanent disabilities - that provides free admittance to more than 2,000 recreation sites, as well as discounts! Check the FAQs for information on getting the Access Pass.

Mass Audubon

- Mass Audubon is the largest nature-based conservation organization in New England. They have developed universally accessible All Persons Trails at wildlife sanctuaries across the state with more being installed and offer mobility and adaptive equipment. Throughout the year, they hold sensory-friendly days, inclusive volunteering days, and vocational-transitional internships.

MassWildlife Angler Education

- Learn new fishing skills with MassWildlife Angler Education! Classes teach families how to set up the rod, use a tip-up, and bait hook. Events are free, family friendly, and open to all skill levels. No fishing license is required. Bring your own fishing equipment or borrow ours. Limited gear and bait will be provided. Learn more about accessible fishing here.

Massachusetts State Parks

- The Department of Conservation and Recreation's Universal Access Program provides outdoor recreation opportunities in Massachusetts state parks for visitors of all abilities throughout the year.

Autism Anglers

- Autism Anglers mission is to bring awareness and acceptance to autism through the sport of fishing. Their program, "Awesome Anglers," helps outfit anglers on the autism spectrum with fishing gear supplied by donors or purchased with donations.

Arnold Arboretum

- Plan a visit to the Arnold Arboretum at Harvard University, join a guided tour, or enjoy their recommended family activities. They even run a free and intensive natural sciences summer program for rising 7th and 8th graders in Boston!



Boston Family Days

On the first and second Sunday of each month from January 2025 to December 2026, many cultural institutions will be free of charge for all elementary and secondary school students who live in Boston, and children enrolled in Boston Pre-K classrooms, as well as two of their family members!

Register here and find the participating institutions:



FAMILY ACTIVITIES



DIY Pool Noodle Sprinkler

A fun way to cool off during the summer is making and then playing with your own pool noodle sprinkler. All you need is a pool noodle, a hose, some duct tape, and a pair of scissors. Here is a guide to help you along the way:



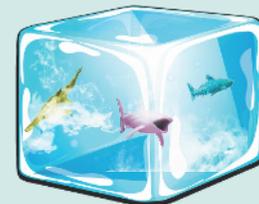
Making Oobleck

Oobleck is a super easy and fun fluid you can play with at home. When you move it slowly, it acts like a liquid, move it fast and it acts like a solid. Don't believe us? Try it yourself. Just mix water, cornstarch, and whatever food coloring you want and enjoy hours of fun. Follow this link or scan the QR code for more detailed instructions.

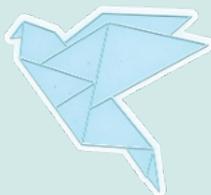


Freezing Toys in a Block of Ice

What is better than ice in the summer? Ice with toys inside of it. Just grab some Tupperware, fill it up with water and drop a toy in. After it freezes you can take it out and have fun melting it to get to the reward and the center.



Family Origami



A great family activity is making origami. Origami is the art of folding paper to create 3D objects. Some simple examples are making a boat but it can get as complicated as making flying horses. It is a fun and enriching activity that gives you a fun toy to play with after. Click here or scan the QR code for some instructions on how to get started.



Obstacle Course / The Floor is Lava

Using household items like chairs, tables, or sofas, you can make an obstacle course for your family to enjoy. Making sure to be safe, you can set up a game of "The Floor is Lava" using the Floor is Lava Song.

Home Scavenger Hunt

A great way to spend a summer afternoon with the family is having a scavenger hunt. Compile a list of specific items or descriptions of items such as "something blue" and set off on an adventure in the comfort of your own home. Click here or follow the link in the QR code for some ideas of what to put on your own list!

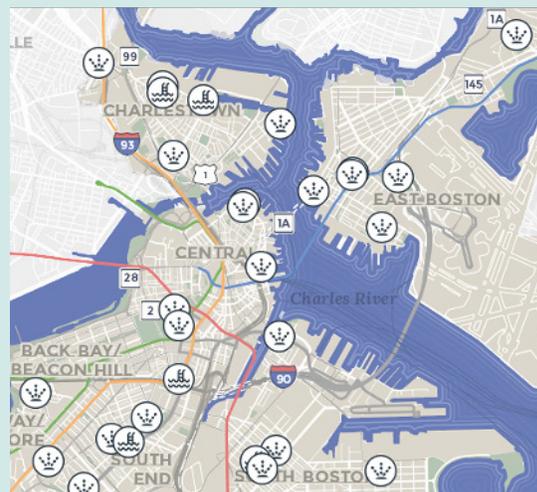
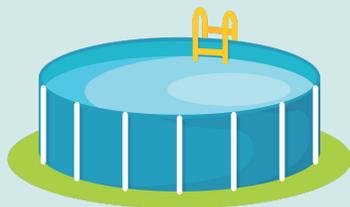


FUN IN THE SUN



Pools in Boston

Boston has a variety of public pools to cool off during the summer heat! Scan the QR code or click [here](#) to see the map of available pools and splash pads.



Boston Beaches

Enjoy your summer vacation by visiting some beautiful public beaches in the Boston area!



Pleasure Bay Beach, M Street Beach and Carson Beach

These three accessible beaches are located in South Boston and have amazing facilities including a boardwalk, playground, and picnic areas. Click [here](#) or scan the QR code to learn more.



Malibu Beach

This beach on the Dorchester Bay Basin is a wonderful spot to go swimming. It even features a playground and baseball fields for added fun! Click [here](#) or scan the QR code below to learn more:



For more beach options, visit the Massachusetts Parks and Recreation website found [here](#):





As summer rolls around, many parents find themselves spending more time near water. Whether at pools, ponds, or beaches, follow these 6 pointers to ensure a safe and fun time in the water!

#1 Expose your child to water as frequently as possible
The more time your child spends in the water the more comfortable and safe they will be.

#2 Be patient with your child when they are learning to swim
Every child's path to water comfort is different. Do not allow your child to rush his or her learning process by swimming in the deep end or jumping off the diving board until he or she feels ready and can demonstrate being safe.

#3 Proactively watch your child in the water
Simply being with your child in the water setting is not enough. Don't assume that because your child has mastered swimming, that he or she can be left unsupervised. Drowning is fast and silent occurrence can happen in 2 inches of water. Remember to keep an eye out at all times!

#4 Keep an eye out for dangerous situations
Children with ASD often lack awareness of the dangers around them, putting them at a higher risk than other children in the water. Remember to look out for things like slippery surfaces, water that is too cold, or unexpectedly deep water.

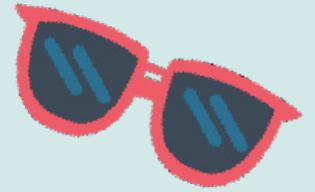
#5 Watch out for wandering behaviors
Children with ASD often exhibit wandering behaviors. Being near water makes these behaviors extra dangerous, especially if they are still learning how to be safe near the water. Remember to watch for wandering behavior, especially when near water

#6 Ensure that your child is wearing water safety gear
Insist that your child wears a life jacket or floaty until they have mastered swimming and water safety skills. Also note that they still need to be carefully watched even when wearing safety gear.

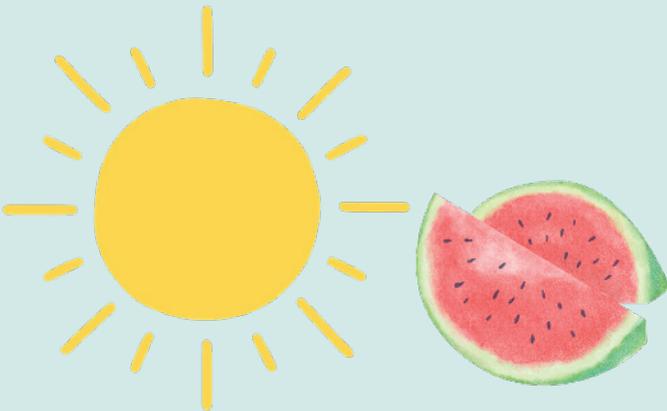
SUMMER BUCKET LIST!



What I want to do this summer:



1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____



I'M GOING TO SUMMER CAMP!

Hi! My name is _____.



This summer I'm going to



Summer Camp.

My camp is located in

_____, Massachusetts.

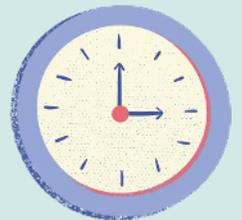


I'm going to take a _____ to get to camp.



My camp starts at _____ and ends at

_____.



CAMP CHECKLIST ✓

When I go to camp, I need to bring:

1. _____
2. _____
3. _____
4. _____
5. _____



At camp I get to participate in a lot of fun activities. For example,

- _____
- _____
- _____
- _____

The activity I'm most excited about is _____.

At the end of the day I will go home to my family. They will be proud of me for having a fun, happy, and safe day at camp!



QR CODES FOR SUMMER CAMPS

CAMP JOY



CAMP RAINBOW



CAMP ECHO BRIDGE



PETER PAN SUMMER PROGRAM



CAMP ARROWHEAD



CENTER OF HOPE



CAMP HOWE (DAY CAMP)



QR CODES FOR SUMMER CAMPS

SPRINGFIELD JCC



TIMBERNOOK SUMMER CAMP



BHN KAMP FOR KIDS



BGC BERSHIRES



MGH ASPIRE



RIVERVIEW SCHOOL



CAMP TRIUMPH



CAMP FUSE



QR CODES FOR SUMMER CAMPS

SPOTLIGHT PROGRAM



THE SENSORY LEARNING CENTER



THE LARK CENTER



ADAPTIVE SPORTS PROGRAM



CAMP SHRIVER



BINA FARM



ABLE SUMMER MUSIC PROGRAM



TALK TIME



QR CODES FOR SUMMER CAMPS

CAMP JABBERWOCKY



CAMP HOWE (OVERNIGHT CAMP)



CAMP ALLEN



CAMP STARFISH



CAMP WANNAGOAGAIN!



MAC (MAINSTREAMING AT CAMP)



QR CODES FOR SUMMER CAMPS

YMCA GREATER BOSTON AREA



CAMP RAMSBOTTOM



CAMBRIDGE CAMPING



ROCKSPOT CLIMBING CAMP



VIKING CAMP



STEVE & KATE'S CAMP



QR CODES FOR SUMMER CAMPS

CAMP CALCIA



THE LARK CENTER



BOSTON CENTER FOR INDEPENDENT LIVING

THE TRIUMPH CENTER



MGH ASPIRE



Summer Guide 2026

If there are any suggestions we can provide or questions we can answer, please reach out to us!



AUTISMPROGRAM@BMC.ORG



@BMCAUTISMPROGRAM



WWW.BMC.ORG/AUTISM



The Autism Program