

Step Forward If... (Line Game)

Instructions

1. Facilitators split the group in half and have each group stand facing each other on a taped line.
2. Facilitators ask a series of questions that get more “serious” in nature as the game goes on.
3. Mentors step forward if the statement applies to them.
4. Once everyone has reached the middle and high-fived, the game is over.

Questions

- Who is wearing jeans today?
- Who is under 18 years old? Who is over 18?
- Who lives in or near Boston?
- Who has a brother/sister?
- Who is an only child?
- Who likes to listen to music?
- Who likes to dance?
- Who likes to play sports?
- Who likes to watch sports?
- Who likes to read?
- Who has ever traveled to another state?
- Who is afraid of spiders?
- Who has ever felt lonely?
- Who has ever been a friend?
- Who has ever felt like it was hard to make friends?
- Who is close with their family?
- Who would like to be closer with their family?
- Who would like to be less close with their family?
- Who has ever felt confident about something they were good at?
- Who has ever felt embarrassed?
- Who has ever had trouble in school?
- Who has ever had a role model?
- Who has ever felt misunderstood?
- Who has had a hard time expressing how they feel?
- Who has felt anxious or overwhelmed in the past week?
- Who has ever wanted someone to talk to?
- Who is excited to be part of TEAM?!

Reflection

1. What is something that you noticed when playing this game?
2. What can you keep in mind from this game while being a mentor?
3. Why do you think we did this activity?