

# Leadership Tree Activity

This activity will provide mentors with an opportunity to reflect on their time with TEAM this year, specifically regarding leadership skills.

## Part 1: Brainstorming

In small groups, discuss the following:

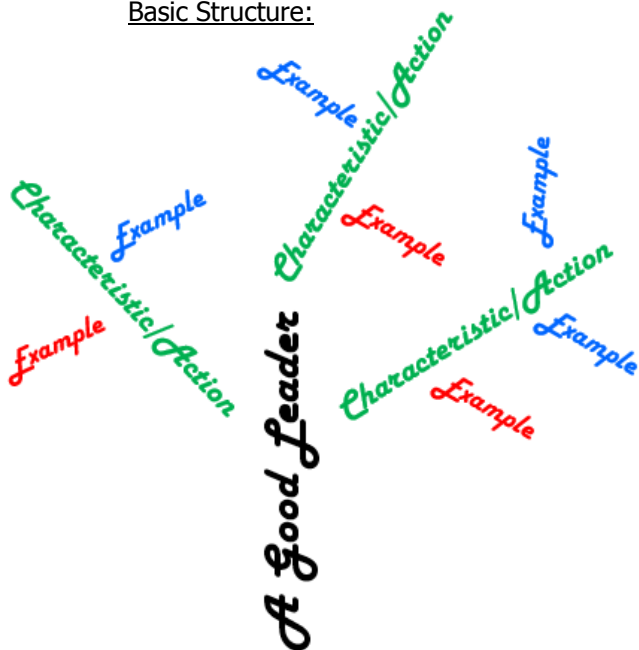
- ❖ What are characteristics or actions that you associate with being a good leader?  
-Each group should come up with at least 3.
- ❖ For each characteristic/action:
  - Tell about a time in TEAM this year when you successfully showed that quality/did that action. Include information like:
    - How did it feel?
    - How did others respond?
    - What is another way you could show that characteristic/do that action in the future?
  - Tell about a time this year in TEAM when it was challenging to show that quality/do that action. Include information like:
    - Why was it hard?
    - How could you make it easier for next time?

## Part 2: Build your Tree

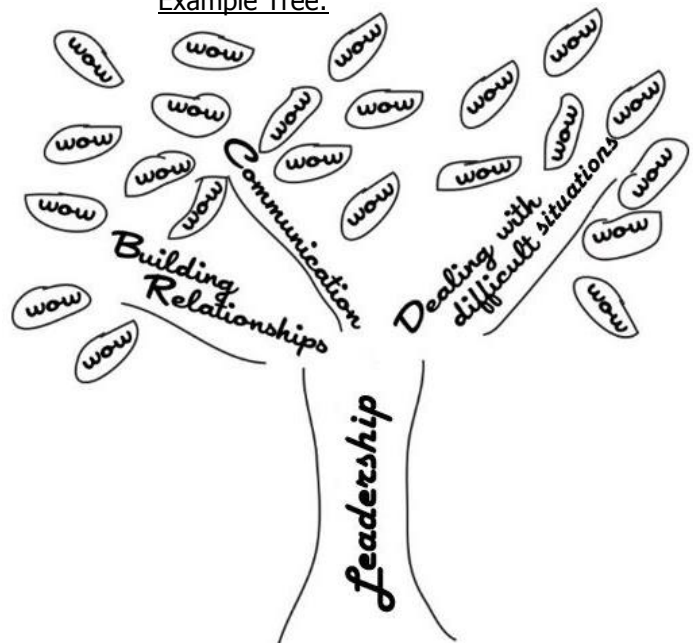
Design a Leadership tree poster with the following components:

- ❖ **Trunk:** the Topic of the tree (e.g., A Good Leader, Leadership, etc.)
- ❖ **Big Branches:** Characteristics/Actions (each group should narrow down their answers to their top 3)
- ❖ **Small Branches:** Examples (groups can choose to include however many answers they want on their tree, and can color code their answers by success versus challenge or by person)

Basic Structure:



Example Tree:



TEAM

TEENS  
ENGAGED  
as MENTORS

AN INITIATIVE OF THE AUTISM PROGRAM AT BOSTON MEDICAL CENTER

# Leadership Tree Activity

What are characteristics or actions that you associate with being a good leader?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

For each characteristic/action:

Tell about a time in TEAM this year when you successfully showed that quality/did that action. Include information like:

- How did it feel?
- How did others respond?
- What is another way you could show that characteristic/do that action in the future?

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_

Tell about a time this year in TEAM when it was challenging to show that quality/do that action. Include information like:

- Why was it hard?
- How could you make it easier for next time?

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_