



# TEAM

TEENS  
ENGAGED  
as MENTORS

AN INITIATIVE OF THE AUTISM PROGRAM AT BOSTON MEDICAL CENTER

## Goal Setting

One goal I have for my future is:

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Some things that might make it hard for me to achieve my goal are:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Some things that might help me achieve my goal are:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

This goal is important to me because:

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