BOSTON DBP WEEKLY NEWS

A weekly newsletter for families of Developmental & Behavioral Pediatrics (DBP) at Boston Medical Center during COVID-19 Social Distancing

WHAT'S HAPPENING?

Boston Public Schools have released their updated Safe Responsible Phase In plan. BPS will continue to offer free meals for youth 18 and under, Tuesdays and Wednesdays from 10AM to 6PM. "We continue to prioritize inperson learning for our students with the highest needs, while respecting family choice."

2020 Safe Responsible Phase In Updated October 7, 2020 *BOSTON Public Schools Updated October 7, 2020		
GETTING READY	September 8 - 18	Teachers Prepare + Family Engagement Student Tech CheckUp / Log On Test
Phase	September 21	Remote Learning - all students
Phase 02	October 1 No scorer than October 13	Students with highest needs start 2 days Students with highest needs may start 4 days
Phase 03	No sconer than October 22 & 26 B/A	Grades K0-3
Phase 04	No sooner than November 5 & 9 B/A No sooner than November 16 & 19 A/B	Grades 4 - 8 (Secondary schools begin 6-8) Grades 9 - 12 High Schools



REMINDER

he Autism Division at Department of evelopmental Services (DDS) are accepting application for the Autism Waiver Program. It rovides "Expanded Habilitation" and Education intensive in-home services and supports) as well as related support services such as community integration activities and respite. For more details please click here or view our last ewsletter

- All Applications must be emailed to AutismDivision@state.ma.us between
 October 16, 2020 - October 31, 2020.
- All Application must be sent directly from the Parent/Guardian Only.
- Form can be completed electronically or printed, filled out clearly in pen and scanned into an email or Form may be sent in the following formats: PDF (preferred), JPG if clearly visible.
- If completing on a smart phone/tabletdownload a free scanner app and send via a PDF file.

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HALLOWEEN AT HOME

CALLING ALL BOOS AND GHOULS

Halloween may look a little different this year, but that doesn't mean you and your family cannot partake in some fun and spooky activities! If you're planning on staying in or gathering with a couple of friends we have some spooktacular tricks and treats to make while you celebrate a safe and magical Halloween!

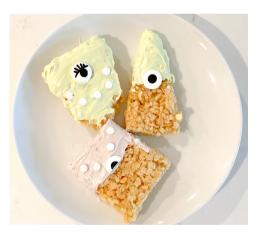


WITCHES POTION



You and your child will have fun making some witches potions that bubble and brew! To make this potion, find your own version of a cauldron (a clear one works best so you can see the bubbles!) Add 1/2 cup of water, food coloring of your choice, 1 tablespoon of baking soda, and a 1/4 cup of white vinegar. To keep the bubbles going, you can keep on adding baking soda and vinegar to your potion. You can also add in glitter, eyeballs, spiders or any other whimsical and magical things you might have on hand!







MONSTER TREATS



These sweet and scary treats are guaranteed to delight your child. They are also very easy to make at home and fun to decorate! What you will need are 6 cups of Rice Krispy Cereal, 1 package of marshmallows, 3 tablespoons of butter, vanilla frosting, food coloring, and edible eyeballs.

In a large saucepan melt butter over low heat. Add marshmallows and stir until melted. Remove from heat and add in 6 cups of Rice Krispies, stir well. Spread the mixture on a greased baking sheet and wait for it to cool. While the treats are cooling stir vanilla frosting with food coloring of your choice. Once cooled, cut into squares and top with colored frosting and eyeballs.

MONSTER MASH SENSORY BIN



This sensory bin will engage your child's senses and provide some ghoulish fun! To make this swampy foam mix 1/4 cup of water, 2 tbsp of cornstarch, 2 tbsp dish soap, and a squirt of food coloring. Mix together with a blender or hand mixer for 30 seconds or until whipped into a foam. Add in some glitter and any creepy items you may find. *A lot of these creepy things pictured can be found at your local dollar store, Walmart or Target.



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RESOURCES

Boston Medical Center is here to support you during this difficult time.

Check out our new resource spreadsheet, which has links to online learning, social stories,

music/animal/fitness programs, live online classes and more. See the second tab for free meals and financial services throughout Massachusetts. This spreadsheet is available in multiple languages and will be continuously updated as new resources become available.

tinyurl.com/ CoronaResourcesBMC

Know of something to add? Email autismprogram@bmc.org with suggestions.







For past recordings of our webinar series: Caring for Kids with Autism and Developmental Differences, please visit https://www.youtube.com/channel/UCifYfJKUuSa8XzytUcn-Anw

CLINIC

Developmental & Behavioral Pediatrics clinicians are available by phone/Zoom for telehealth visits and consultations. Please call us at 617-414-4841 if you have any questions or are in need of support. To create a free Zoom account, visit zoom.us/signup.

OUR CLINICIANS

Marilyn Augustyn, MD
Naomi Steiner, MD
Arathi Reddy, DO
Ana Carolina Sanchez, MD
Jodi Santosuosso, NP
Rachel Amgott, NP
Christina Lazdowsky, NP
Mei Elensary, MD
Alyssa King, PhD
Ana Treadaway, MD
Mediatrix Mbamalu, MD
Christine McGivney, DO
Jocelyn Kuhn, PhD
Audrey Christiansen, MD

ABOUT THIS NEWSLETTER

This newsletter is brought to you by the Autism
Program at Boston Medical Center, a family
support program of Developmental &
Behavioral Pediatrics. We are committed to
supporting any family of DBP during this time,
regardless of diagnosis. Please don't hesitate to
reach out, and follow us on social media for
more tips and information!



BMC.org/autism autismprogram@bmc.org tinyurl.com/ASDlistserv



The Autism Program at Boston Medical Center



@BMCAutismProgram