

Applied Behavior Analysis (ABA) Referral

Applied Behavior Analysis, or ABA is an intensive therapy known for its success in treating individuals of any age with Autism Spectrum Disorder (ASD) and other developmental disabilities and can support development in cognitive, language, social, and adaptive skills. ABA services are most often provided in the home, but can also be offered at an ABA center, or out in the community.

What you will need:

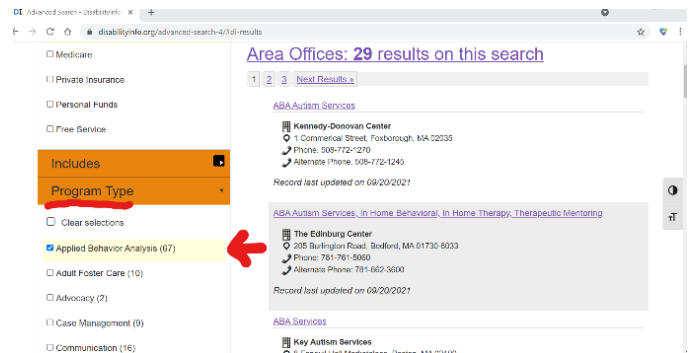
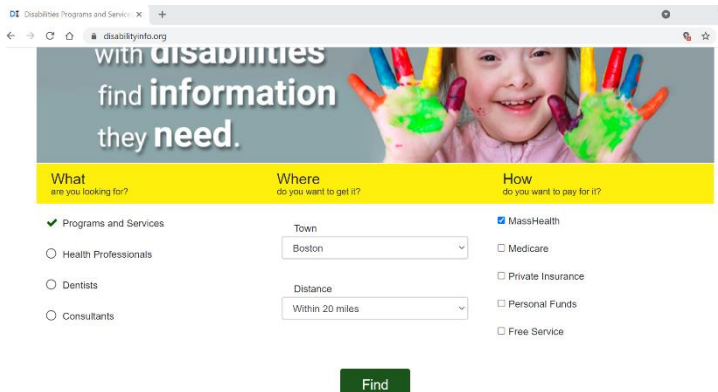
- Diagnostic report by an MD, DO, Ph.D., or Psy.D., stating the assessment tools used (e.g.: ADOS, CARS)
 - *Insurance plans may have specific criteria, check your specific plan*
- Letter of medical necessity provided by an MD, DO, Ph.D., Psy.D or a Nurse Practitioner
- Copy/picture of the front and back of your child’s insurance card
- Physical exam conducted by a medical provider within the past 12 months

Where to find an ABA Agency:

Where you live and your insurance coverage will determine which ABA agencies are available to you. Wait lists can vary agency to agency, so we recommend that you self-refer to multiple agencies. To locate an ABA agency, you can search the websites below.

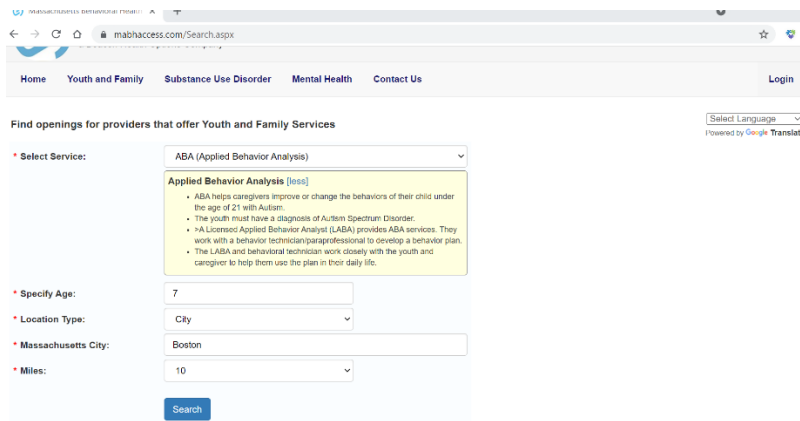
Disability Info

- <https://disabilityinfo.org/> -> Select “Programs and Service” -> select your town from the drop down -> select “Mass Health” or “Private Insurance” and then click “Find”. From there, narrow your search by selecting on the left “Program Type” and choose “ABA.” *you can filter by language served.



Massachusetts Behavioral Health Access (MABHA)

➤ <https://www.mabhaccess.com/Search.aspx> select “ABA” in the drop down menu



The screenshot shows the MABHA search interface. At the top, there are navigation links: Home, Youth and Family, Substance Use Disorder, Mental Health, Contact Us, and Login. Below the navigation is a search bar with a dropdown menu set to "ABA (Applied Behavior Analysis)". A tooltip for "Applied Behavior Analysis" is visible, listing criteria such as "ABA helps caregivers improve or change the behaviors of their child under the age of 21 with Autism" and "The youth must have a diagnosis of Autism Spectrum Disorder". Other filters include "Specify Age" (7), "Location Type" (City), "Massachusetts City" (Boston), and "Miles" (10). A "Search" button is at the bottom of the filter section.

Below are some agencies that consistently hire multi-lingual staff or utilize interpreter and translation services. Be sure to confirm any language needs that you may have.

Please note: the Autism Program does not contract with or endorse any one specific ABA agency. We encourage you to identify the agency that feels best for your family’s needs.

ABATEC, Spanish

Phone: 617.477.4050

Fax: 617-524.0406

Email: info@abatec.org

<https://www.abatec.org/>

New England ABA, Interpreting Services

Phone: (866) 926-4345

Email: info@ne-aba.com

<https://ne-aba.com/>

LAMOUR Clinic, Spanish, Haitian Creole

Phone: 781-885-7252

Email: intake.ABA@LAMOURClinic.org

<https://lamourclinic.org/programs/for-children/>

Stars To Success, Vietnamese

Phong Pham, M.Ed, BCBA, LABA

Phone: 857-919-4493

Email: phong@starstosuccess.com

<https://www.starstosuccess.com>

Linx Autism Services, Spanish

490 Shrewsbury Street Lower Level

Worcester MA 01604

Tel: 508-926-8777

Fax: 508-463-4132

Email: hr@linxautism.com

<http://www.linxautism.com/>

ABA Referral **FLOW CHART**

Steps to getting Applied Behavior Analysis services:

1. Referral

After contacting an ABA agency and providing all of your paperwork, you will either be added to a waitlist or start an intake. The entire process can take anywhere from 8 weeks to a year. Ask the agency for an estimate of wait time.



4. Clinician and Schedule Assigned

Once your insurance company has approved services, the ABA agency will assign a behavior tech and a supervisor (Board Certified Behavior Analyst [BCBA]) to work with your family. You and your team will work together to create a schedule that could range from 10-20+ hours per week.



2. Intake

Each agency has their own intake process. An intake may include filling out forms online, talking to someone over the phone, or having an in-person/virtual meeting. This is when they will learn about your goals for your child and fill out any additional paperwork that is needed.



5. Services Begin

Once services begin, ABA therapy will first focus on getting to know your child, collecting data and develop a plan for how to meet goals. ABA can look different for every individual.



3. Assessment and Insurance Authorization

An assessment of your child will be completed before services start. The assessment will be sent to your insurance company for approval and insurance will determine the number of hours your child will be approved for.



6. Ongoing Check-ins

Your child's BCBA will sometimes join your sessions to check in, and provide training to you as the caregiver. Your involvement in this process is important. Please share your thoughts, questions and concerns at any time.



Child's Name: _____

Date of Assessment: _____

Agency Name: _____

Date to Start in Home Services: _____

Agency Email: _____

BCBA Assigned: _____

Therapist Assigned: _____

Intake Date: _____

Agency Phone Number: _____

BCBA Phone Number: _____

Contact Name: _____

Therapist Phone Number: _____

Intake Contact: _____

Time of Assessment: _____

Schedule of Services:

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM							
PM							

Notes:

