

# BEHAVIORAL HEALTH PROVIDERS

Patients need support letters from two licensed Behavioral Health professionals. Letters must meet the requirements of the health insurance carrier as well as those listed below. Where these requirements differ, the more stringent requirements must be followed and documented in the letters. For the most up-to-date requirements, patients should review their personal benefit plan or call their insurance company. Letters should include the following information:

- The patient's general identifying characteristics and information, including date of birth
- The BH clinician's experience with treating transgender patients
- The duration of the BH provider's professional relationship with the patient, including the type and duration of evaluation and therapy or counseling to date
- Results of any psychosocial assessment including any diagnoses
- A description of how the criteria for surgery have been met
- Identify support systems, any progress made in transition socially or medically
- Any BH diagnosis or concerns and how they are being managed
- Contact information for the BH provider and a statement that this provider is available for coordination of care

Note that for these letters, one must be from a clinician who has had a therapeutic relationship with the patient, while the second may be from a clinician who has only evaluated the patient.

**Support letters should be addressed to "Boston Medical Center Surgeon" and sent to us via one of the following ways:**

**Preferable, FAX** to: 617.414.7158

Cover letter for fax should be addressed to: Center for Transgender Medicine and Surgery

**MAIL:** Boston Medical Center  
Center for Transgender Medicine and Surgery  
Preston Building, 3rd Floor, Room 3031  
732 Harrison Avenue, Boston, MA 02118

**EMAIL:** [transgender.center@bmc.org](mailto:transgender.center@bmc.org)

You may also download a copy of this guideline from our website at: [www.bmc.org/center-transgender-medicine-and-surgery](http://www.bmc.org/center-transgender-medicine-and-surgery).

Please don't hesitate to contact us with questions.