

***ADVOCACY, REFERRAL,
AND OTHER SERVICES
(CONTINUED):***

***Massachusetts Office of Victim
Assistance (MOVA)
1.844.878.MOVA (6682)
askmova.org***

Provides free of charge victim services,
counseling, advocacy, and referrals.

***Survivor to Survivor Program,
Louis D. Brown Peace Institute
617.825.1917***

Provides services for survivors
of homicide victims.

***Victim Compensation, Office
of the Attorney General
617.727.2200 (Ext. 2160)***

Provides financial compensation for
qualified victims or family members
of victims of violent crime.

***Victim Witness Assistance Program,
Suffolk County District Attorney's Office
617.619.4000***

Provides crisis intervention, supportive
counseling, court advocacy, and safety
planning for victims, witnesses, and
their families.

***Violence Intervention Advocacy
Program at BMC
617.414.4454***

Provides crisis intervention, stabilization,
and case management for victims
of gun shot and stab wounds as well
as comprehensive family assessment
and support services.



One Boston Medical Center Place
Boston, MA 02118
617.414.8030

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**COMMUNITY VIOLENCE
RESPONSE TEAM (CVRT)**

RESOURCES & INFORMATION

***Support Services
for those impacted
by community violence***



ADVOCACY, REFERRAL, AND OTHER SERVICES:

**Boston Medical Center Child
Witness to Violence Program**
617.414.4244

A counseling, advocacy, and outreach project that focuses on the growing number of young children who are hidden victims of violence; children who are bystanders to community and domestic violence.

**Boston Medical Center
Domestic Violence Program**
617.414.5457

Provides advocacy and referrals for victims of domestic and/or sexual violence.

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SURVIVORS OF VIOLENCE AND FAMILY MEMBERS IMPACTED BY VIOLENCE MIGHT FEEL...

- Shocked, angry, or afraid
- Guilty because you could not prevent the violent act
- You want to hurt the assailant
- Embarrassed to share your feelings about the incident with your friends, loved ones, or family

Other changes and emotions you may notice include:

- Recurrent or intrusive thoughts about the event
- Nightmares
- Flashbacks
- Physical and emotional signs of stress when reminded of the event
- Avoiding people, places, or things
- Feeling numb or detached
- Avoiding thoughts, feelings, or conversations associated with trauma
- Change in eating and sleeping patterns
- Poor peer relations
- Anger
- Hopelessness/ helplessness
- Loss of control or powerlessness
- Difficulty concentrating
- Mood swings
- Depression
- Anxiety

HELPFUL TIPS FOR COPING WITH THE EVENT.

- Talk about your experience with someone you trust
- Mobilize resources – friends, teachers, coaches, siblings, and other supportive family members
- Identify a contact person who can provide information to friends and family so that you don't have to update and repeat information multiple times throughout the day
- Engage in activities that bring you joy and a sense of calm (i.e. exercise, listening to music, going for a walk)

For family members:

- Take care of yourselves—eat healthy, drink plenty of fluids, and try to get some rest
- Listen—let your loved one vent without trying to have answers for everything
- Validate the event and your loved one's feelings about it

BOSTON MEDICAL CENTER'S COMMUNITY VIOLENCE RESPONSE TEAM (CVRT)

CVRT clinicians are dedicated to providing individual and family counseling to survivors of violence and family members who have been impacted by violence. In addition, we have case management and family advocacy services to provide additional support and assistance. All services are non insurance based and are free to the clients and their families.