

Transition Together

Bi-weekly Newsletter

DID YOU KNOW?

Dendrochronology is the science of calculating a tree's age by its rings

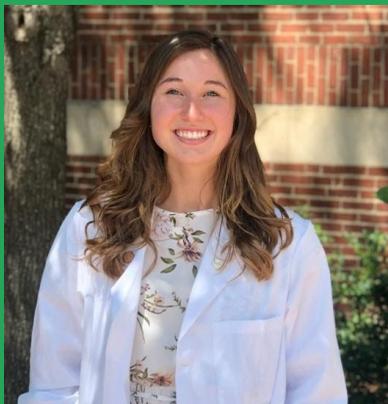
Announcements

- **Mentor Availability Form:**
Mentors, [please fill out this brief form](#) to better help program leaders schedule upcoming events :)
Please select all the dates that DO NOT work with your schedule
- **New Epilepsy Foundation Newsletter:**
This newsletter has a *full schedule* of EFNE events and resources, including information about virtual chat rooms for teens and parents! [Click here to stay updated!](#)

Inside This Issue:

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Mentor Good Deeds



Shout out to Nicole Sileo (BUSM '23), who had home-made masks sent to her mentee after learning that her family didn't have any.

She even included fun book marks and a personal note for her mentee!

COVID-19 Resources

Visit this [this Google Docs](#) for a full list of helpful resources for you and your mentee!

Safety Reminders:

- Wash your hands for 20 seconds (sing 'Happy Birthday' twice!)
- Wear a mask when you go out
- Remain at least 6 feet apart from people to practice social distancing
- Avoid touching your face



Youth Advisory Council!

This is TECC's new group of teen and young adult leaders who will be collaborating on a number of projects related to epilepsy awareness, advocacy, and quality improvement!

Mentors! Feel free to let your mentees know about YAC - it's a great opportunity for them to meet peers and talk about important topics.

Last week, council members had an insightful discussion about Sudden Unexpected Death in Epilepsy (SUDEP) with Dr. Douglass and Celia Greenlaw (BUSM '20). The next meeting is scheduled for May 21st!

On-boarding Updates

Exciting news! ALL on-boarding mentors will be matched with a mentee as soon as next week! Please be on the lookout for an email from program leaders about your next steps.

A second round of new mentees will complete their first orientation next week.

Upcoming Events

- The 2020 Virtual Boston Walk for Epilepsy is Saturday, May 16th! [Register here!](#)
- Mass Families Organizing for Change is offering weekly "coffee hours" featuring open discussions about transition. 9AM-10AM on Thursdays!
 - Zoom meeting ID:354600966
 - [They're also offering a workshop series!](#)
- The Teen Social-Support Virtual Group still meets weekly on Wednesdays at 4:00 PM. Let your mentees know!
 - Zoom Meeting ID: 876 7858 2236
 - Password: 944131

Thank You for Being a Mentor! You're awesome!!

