

Endoscopy Preparation Instructions

Upper endoscopy/ERCP/EUS/enteroscopy

Appointment date:
Appointment time (please arrive 1 hour early):

Checklist items:

- ☐ **Arrange for an escort to take you home** after your procedure
 - A responsible adult must accompany you home
 - If you do not have an escort, your procedure may be cancelled
- ☐ **Review the Medication Management Instructions**
 - If you are taking blood thinners, medications for diabetes or GLP1 medications for weight loss, you may need to stop them or adjust the dose before your procedure

IMPORTANT INFORMATION for your procedure day

- Review the **Medication Management Instructions** the night before your appointment
- Arrive **1 hour before** your procedure time
- Your **stomach must be completely empty**
 - *No solid food allowed for at least 8 hours before your appointment*
 - You may drink clear liquids (see list below) *until 2 hours before your appointment*
 - If you are on a GLP1 weight loss medication or have been diagnosed with “gastroparesis”, *only have clear liquids for 24 hours before your procedure*

Location and contact information:

Moakley building 2nd floor (Suite 2200)
 830 Harrison Avenue
 Boston, MA 02118

for Endoscopy scheduling:
 617-414-2600, option 1

for Endoscopy nurse’s station:
 617-414-2420

GI doctor on nights/weekends:
 617-638-7243

Clear Liquids you may drink until 2 hours of your procedure:

Water, soda, sports drinks

Juice with *no pulp*, Jell-O

Black coffee or tea with *no milk or cream*

Clear broth (no fat/oil)