

# Transition to Adulthood Timeline (Age 14-22)

## Simplified Version

The **Transition to Adulthood Timeline** outlines key services and supports to consider for adolescents transitioning to adulthood. This resource aims to help adolescents navigate their journey towards greater independence. Not all information listed will apply to all adolescents transitioning to adulthood. If you have questions about the information in this resource, reach out to your school, PCP or Developmental Pediatrician. Scan the QR code for a more detailed version of this resource.

14

### AGE 14

1. Create a post-secondary vision Statement (*and update yearly*).
2. Transition assessments start.
3. Schedule a transition planning meeting at school.
4. Start the Transition Planning Form (TPF) (*and update yearly*).
5. Invite adolescent to their IEP meetings.
6. IEP goals and services should include transition assessment results and TPF outcomes.
7. If connected to state agencies , invite them to IEP meetings e.g., DDS, DMH & MassAbility.
8. Explore community social/recreational opportunities.
9. Start Pre-Employment Transition Services (Pre-ETS).
10. Explore independent living and vocational skills training.
11. Provide PCP and developmental specialist with an updated IEP copy.

15

### AGE 16

1. Discuss decision-making support options.
2. Discuss graduation date with the school.
3. Chapter 688 referral: school submits 2 years before graduating school.
4. Start college preparations (*if applying*).

16

17

### AGE 17

1. Discuss educational decision-making with the school.
2. Gather copies of medical and educational paperwork.
3. Adult eligibility applications for state agencies.
4. Guardianship preparations begins (*if applying*).
5. MassHealth application.

18

### AGE 18

1. Register for the Selective Service i.e., the draft (*for male US citizens*).
2. Supplemental Security Income (SSI) application.
3. Legal transfer of rights.
4. Apply for housing vouchers for independent living.
5. Medical transfer to adult PCP and specialists begins.

19

### AGE 20

1. Explore alternative funding options for ABA if receiving through MassHealth or explore alternative support options.
2. Explore alternatives to CBHI services if receiving.

20

21

### AGE 21

Community Based Health Initiative (CBHI) services end.

### AGE 22

Public school ends on the adolescent's 22nd birthday.



**Full Transition to Adulthood Timeline**