

"We are committed to providing services that are accessible, comprehensive, culturally competent, and respectful to the dignity of the individuals we serve."

BMC CBHC is part of a network of CBHCs across Massachusetts that offer immediate and confidential care for mental health and substance use needs.

Lead agency: Boston Medical Center

Partners: Bay Cove Human Services

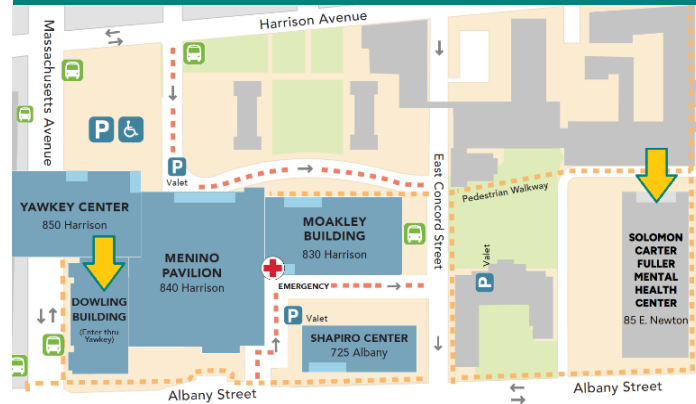
We serve:

All youth, adults, and families in **Boston** (Allston, Brighton, Dorchester, Hyde Park, Jamaica Plain, Mattapan, North End, Roslindale, Roxbury, South Boston, South End, and West Roxbury) and **Brookline**.

Our team includes:

- ✓ Psychiatrists
 - ✓ Therapists
 - ✓ Master's level crisis clinicians
 - ✓ Nurse practitioners
 - ✓ Registered nurses
 - ✓ Medical assistants
 - ✓ Case managers
 - ✓ Family partners
 - ✓ Resource specialists
 - ✓ Certified peer specialists
 - ✓ Mental health workers
 - ✓ Recovery coaches
-
- ✓ We have staff that speak multiple languages and access to interpreter services, including ASL.
 - ✓ We offer evaluations and follow-up in-person and via telehealth.

BMC CBHC Campus Map



BMC CBHC

Boston Medical Center's
Community Behavioral Health Center



BMC.org/CBHC

24/7 Crisis Hotline
1.800.981.4357

CBHC@BMC.org

"Your one-stop shop for crisis, mental health, and substance use disorder services and treatment."



CRISIS HOTLINE
1-800-981-HELP

4357



MOBILE CRISIS INTERVENTION (MCI)

1.800.981.4357

In need of urgent crisis evaluation for mental health or substance use?

Skip the ER! Call BEST 1.800.981.4357!

- Call our toll-free Crisis Hotline at 1.800.981.4357 and speak to a live Master's level clinician 24/7/365.
- When you call, we will ask you basic demographic information and details about the current crisis.
- We serve all ages.
- All insurances accepted, including uninsured/no insurance.

BEST MCI URGENT CARE CENTER

85 East Newton Street
Boston, MA 02118

Hours: 24/7/365

24/7 Hotline: 1.800.981.4357

MCI Services:

- ✓ 24/7 MCI hotline
- ✓ 24/7 MCI on-site/mobile evaluation
- ✓ Same-day crisis evaluation and intervention
- ✓ Brief follow-up
- ✓ Referral to behavioral health and substance use services
- ✓ Referral to behavioral health treatment settings, including Community Crisis Stabilization (CCS)
- ✓ Connection to Certified Peer Specialists and Family Partners

CBHC CLINICAL SERVICES

617.414.5470

Looking for help with mental health or substance use?

Call 617.414.5470!

- Walk-ins accepted.
- No appointment needed!
- MassHealth insurances are accepted*
*Excluding MassHealth Limited

ADULT CBHC

850 Harrison Avenue
Boston, MA 02118
Dowling Building, 7th floor

YOUTH CBHC

85 East Newton Street
Boston, MA 02118

Walk-In Hours:

Weekdays: 8 a.m. – 8 p.m.
Weekends: 9 a.m. – 5 p.m.

617.414.5470

CBHC Clinical Services:

- ✓ Same-day urgent behavioral health assessment/evaluation
- ✓ Same-day urgent access to treatment
- ✓ Timely follow-up appointments
- ✓ Outpatient treatment for mental health and addictions
- ✓ Medication assisted treatment (MAT)
- ✓ Psychopharmacology
- ✓ Individual/family/group therapy
- ✓ Care coordination and case management
- ✓ Recovery and peer support services

COMMUNITY CRISIS STABILIZATION (CCS)

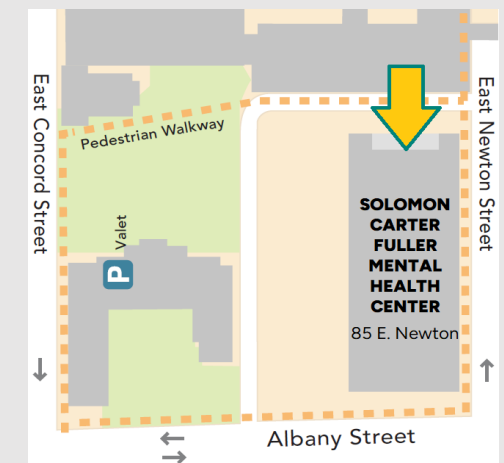
The CCS is a staff-secured and safe treatment program that provides short-term crisis intervention for individuals with mental health needs and co-occurring disorder over a 5-day stay.

ADULT CCS

85 East Newton Street
Boston, MA 02118

Age: 18+ Hours: 24/7/365

24/7 Intake Line: 617.414.8316



Adult CCS Services:

- ✓ Referrals can be made 24/7/365
- ✓ Group therapy
- ✓ Medication management by Licensed Prescribers
- ✓ Crisis intervention
- ✓ Future crisis prevention planning
- ✓ Discharge planning
- ✓ Community care coordination