

DEVELOPMENTAL & BEHAVIORAL PEDIATRICS

NEWSLETTER



A monthly newsletter for families of Developmental & Behavioral Pediatrics (DBP) at Boston Medical Center during COVID-19 Social Distancing

The Summer Issue

In this issue of the DBP Newsletter we will be highlighting some fun summer activities for your family to participate in!

AMC Theaters

Looking for a fun rainy day activity? Many AMC theaters have a Sensory Friendly Film program. Every second and fourth Saturday of the month, a family-friendly film is shown with sensory accommodations provided. Every Wednesday evening a film geared towards more mature audiences is shown with sensory accommodations. These sensory friendly films are shown in an environment that's a little quieter and a little brighter. Getting up to dance, walk, shout, and sing is completely acceptable! You can find a list of participating theaters [HERE!](#)



Morningstar Access

The Boston Children's Museum Morningstar Access program has one more date scheduled this summer on Saturday August 6 from 8am-10am. The Morningstar Access program offers children with special needs/medical needs an opportunity to visit the museum at a time when there are only a few other visitors. The maximum capacity at this time is 100 guests. You can register for the event and access a social story for additional support [HERE!](#)

Sky Zone Sensory Hours

Sky Zone offers Sensory Hours at all of their locations. Sensory hours allow for a quieter, toned-down experience and are typically every 3rd Sunday from 8am-10am. For more information and to find a location near you, check out their website [HERE!](#)

Summer Camps!

If you are looking for some fun summer camp opportunities for your child, check out these organizations that are still accepting applications:

- ▶ **Cambridge Camping** (Cambridge, MA) Ages 5-11
- ▶ **Viking Sports Summer Camp** (Various locations around MA) Ages 5-13
- ▶ **Camp FUSE** (Lexington, MA and Norwood, MA) Ages 3-8
- ▶ **Lego and Robotics Program** (Various locations in MA) Ages 4-13
- ▶ **Middle & High School Summer** (Cape Cod, MA) Ages 11-19
- ▶ **BINA Farm** (Lexington, MA) Ages: 6-14
- ▶ **Rock Spot Climbing Camp** (Boston, MA and Dedham, MA) Ages: 8+
- ▶ **Wide Open School** (virtual) Grades: K-12



Splash Pads!

Looking for a fun way to cool down this summer? Check out these Splash Pads around the Boston area:

- [Dorothy Curran Playground](#) (1005 Columbia Rd. Boston)
- [Rose Kennedy Greenway Fountains](#) (Milk St. Boston)
- [Boston Common Frog Pond](#) (38 Beacon St. Boston)
- [Artesani Playground Wading Pool and Spray Deck](#) (1255 Soldiers Field Rd. Boston)
- [Ryan Wading Pool](#) (307 River St. Boston)
- [Children's Fountain at the Christian Science Plaza](#) (Intersections of Mass Ave, Clearway St. Belvidere St. and Huntington Ave. Boston)
- [Olsen Swimming Pool Fun Park](#) (95 Turtle Pond Pkwy, Hyde Park)
- [Soule Recreation Playground](#) (652 Hammond St. Chestnut Hill)
- [Coolidge Playground](#) (Watertown)

Bubble Craft

Are you looking for an engaging and creative activity this summer? Check out this fun and easy craft project:

1. Take bubble solution and pour into disposable cups
2. Add a few drops of food coloring to each cup and stir
3. Have your child blow bubbles onto a heavy piece of paper or canvas
4. The bubbles will pop and leave beautiful colors behind!

Check out our full how-to video on our Tik-Tok Page: [@bmcautismprogram](#)



Adaptive Pools/Beaches around MA

- For a full list of accessible pools, click [HERE!](#)
- For a full list of accessible beaches and beach wheel chairs, click [HERE!](#)
- For a full list of locations with sunbathing and floating chairs, click [HERE!](#)



Resources



Boston Medical Center is here to support you during this difficult time. Check out our new resource spreadsheet, which has links to online learning, social stories, music/animal/fitness programs, live online classes and more. See the second tab for free meals and financial services throughout Massachusetts. This spreadsheet is available in multiple languages and will be continuously updated as new resources become available. Know of something to add?

Email us at
autismprogram@bmc.org
 with suggestions.

For past recordings of our webinar series: Caring for Kids with Autism and Developmental Differences, please visit <https://www.youtube.com/channel/UCifYfJKUuSa8XzytUcn-Anw>



Clinic

Developmental & Behavioral Pediatrics clinicians are available by phone/Zoom for telehealth visits and consultations. Please call us at 617-414-4841 if you have any questions or are in need of support. To create a free zoom account, visit zoom.us/signup.

Our Clinicians

Marilyn Augustyn, MD
 Naomi Steiner, MD
 Arathi Reddy, DO
 Jodi Santosuosso, NP
 Rachel Amgott, NP
 Christina Lazdowsky, NP
 Mei Elensary, MD
 Alyssa King, PhD
 Christine McGivney, DO
 Jocelyn Kuhn PhD
 Audrey Christiansen, MD
 Sarah Canale, MD
 Brittany Weissman, MD

ABOUT THIS NEWSLETTER

This newsletter is brought to you by the Autism Program at Boston Medical Center, a family support program of Developmental & Behavioral Pediatrics. We are committed to supporting any family of DBP during this time, regardless of diagnosis. Please don't hesitate to reach out, and follow us on social media for more tips and information!



BMC.org/autism
Autismprogram@bmc.org



The Autism Program at Boston Medical Center



@BMCAutismProgram