### The Autism Friendly Initiative at Boston Medical Center

#### Training Opportunities

The Autism Program at BMC provides comprehensive and tailored trainings to community based programs and organizations seeking to obtain foundational knowledge of Autism Spectrum Disorder (ASD) and ways that practices can be adapted to be more “Autism Friendly.”

#### Types of Training

**Making Your Practice Autism Friendly:** provides guidance on developing and maintaining systems-level interventions (e.g., accommodating sensory needs, individualizing care, enhancing staff knowledge). This training covers all aspects of building an “Autism Friendly” practice: conducting a needs assessment, developing interventions, and measuring/sustaining impact. This training is also available as a 4-part video series for healthcare professionals.

**Helping those with Autism:** provides foundational understanding of ASD, an overview of the family experience navigating the diagnosis and related services, and practical strategies for caring for autistic individuals and their families.

**Managing Challenging Behavior:** provides training on the basics of behavior and teaches strategies to promote positive behavior change, integrate routines, and support communication. Concrete tools such as communication boards, visual schedules, and token systems will be shared.

**Resources, Resources, Resources:** provides information about how to best connect families with needed services (e.g., public benefit enrollment; therapeutic interventions; school-based services; and adulthood transition topics such as guardianship, employment, and post-secondary education).

#### Tailor Your Training

Our trainings can be individualized for duration, target audience, and topics covered. Trainings can include didactic teaching, speaker panels, videos, and case-examples. We are also available for ongoing consultation. Pricing varies according to needs.

For more information, reach us at autismfriendly@bmc.org or 617-414-4247.

“Thank you so much for [this] workshop. It was short and sweet, and so on point. You hit every aspect of this issue in a very comprehensive way.”

**Assistant Pediatric Medical Director**

“Your training had a direct impact on the positive outcome of a challenging incident involving public safety officers on our hospital’s campus. Because of your training, officers were able to respond appropriately, calm the situation, and help the family.”

**Public Safety Officer, Hospital**

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**Assistant Pediatric Medical Director**

“This was an excellent workshop. The presenters were very knowledgeable and personable. The format was well-organized and engaging.”

**Conference attendee**

“I immediately feel more competent than I was one hour ago in caring for patients with ASD. Critical presentation for my development as a doctor.”

**Third-year Medical Student**