

MEDICATION MANAGEMENT INSTRUCTIONS FOR ENDOSCOPIC PROCEDURES

BLOOD THINNERS

- We recommend stopping blood thinners before certain procedures to reduce the risk of bleeding, but **you must check with your PCP or heart doctor about whether it is safe for you to temporarily stop these medications.**

Recommendations (If you are seen in an Anticoagulation Clinic, please contact your provider for help):

Coumadin (warfarin)	Stop 5 days before procedure
Xarelto, Eliquis, Savaysa, Pradaxa	Stop 2 days before procedure
Lovenox (enoxaparin), Fragmin (dalteparin)	Stop 1 day before procedure
Aspirin	Do NOT stop
Plavix (clopidogrel), Effient (prasugrel), Ticlid (ticlopidine), Brilinta (ticagrelor)	Stop 5-7 days before procedure; for Ticlid, stop 1-2 weeks before – <i>You must check with your cardiologist or primary doctor first!</i>

DIABETES MEDICATIONS

- Adjustment of your diabetes medication may be necessary to avoid dangerously LOW blood sugar levels while you are fasting on the day of your procedure.
- Speak to your PCP or Endocrinologist (diabetes doctor) if you need assistance with adjusting your medications before your procedure.

Recommendations:

Long-acting or premixed insulin	Take ½ of your usual dose the day before procedure
Oral diabetes pills (e.g. Glipizide, metformin)	Do not take the morning of procedure
Insulin pump therapy	Consult your Endocrinologist
SLGT2 inhibitors (end with “-flozin”): Invokana, Farxiga, Jardiance	Stop for 3-4 days before procedure and consult your endocrinologist/PCP
GLP-1 receptor antagonists (end with “-tide”): Rybelsus, Trulicity, Ozempic, Victoza, Mounjaro, Wegovy	If you take it daily, don’t take it the day of your procedure. If you take it once weekly, stop it 1 week before procedure

WEIGHT LOSS MEDICATIONS

- GLP1 weight loss medications can slow your stomach down, which can increase the risk of aspirating stomach contents during your procedure. **Recommendations:** Refer to the table above if you take a GLP-1 receptor antagonist (name ends with “-tide”) - **do not take this medication for 1 week before your procedure**

BLOOD PRESSURE MEDICATIONS

- It is important for your blood pressure to be under good control on the day of your procedure.
- If your blood pressure is very high on the day of your procedure, it may be cancelled and rescheduled for safety reasons.
- **Take all your usual blood medications, including the day before and day of your procedure.**

IRON PILLS

- If you are scheduled for a COLONOSCOPY: Stop taking iron pills **1 week** before your appointment