

GLP1-agonist are hormones that help the body reduce elevated glucose by:

- Producing insulin with food
- Reducing glucose from the liver
- Delay stomach emptying
- Increase the sensation of fullness while eating which may help weight loss

The most common side effects include

- Constipation
- Diarrhea
- Nausea
- Indigestion
- Loss of appetite
- Abdominal pains
- Dizziness
- Sweating
- Pain in the injection sites
- Low blood glucose

Many people do not have any side effects using these medications, however, talk to your health care team if you start having any symptoms. Understand how to recognize and treat hypoglycemia or low blood glucose by reviewing the information below:

Symptoms of low blood glucose	Treatment
Shakiness, sweating, dizzy, weak, hunger blurred vision, confusion, increase heart rate, irritable	15 grams of fast acting carbohydrates: 4 glucose tabs, 6 gummy bears, 4 oz of juice or soda, 8 ounces of milk

Other Non- Insulin Injectable known as glp1-a

Name	Generic name	When to take	Amount	Pen storage	What to do if a dose is missed	Injection sites
Trulicity	dulaglutide	Same time and day each week	<ul style="list-style-type: none"> • 0.75 mg weekly • May increase by 1.5 mg every 4 weeks • Maximum dose 4.5 mg 	<ul style="list-style-type: none"> • Refrigerator • Do not freeze • Pens can be kept at room temperature for 14 days • Protect from sunlight 	<ul style="list-style-type: none"> • Take as soon as possible up to 3 days • If less than 3 days remain before the next dose, skip the missed dose and resume the following week at the usual day and time 	<ul style="list-style-type: none"> • Abdomen, outer thigh or upper arm • Rotate sites
Victoza	liraglutide	Same time each day	<ul style="list-style-type: none"> • 0.6 mg daily for 7 days • Your provider may increase dose to 1.2 mg daily • Or If glucose is still not in control dose may increase to 1.8 mg 	<ul style="list-style-type: none"> • Refrigerate until first use then store at room temperature for 30 days 	<ul style="list-style-type: none"> • Skip the missed dose and continue at the next regularly schedule time 	<ul style="list-style-type: none"> • Abdomen, outer thigh or upper arm • Rotate sites • Do not inject into a muscle
Ozempic	semaglutide	Same time and day each week	<ul style="list-style-type: none"> • 0.25 mg once a week for 4 weeks • If glucose is elevated provider may increase the dose to 0.5 mg weekly • Maximum dose 1 mg 	<ul style="list-style-type: none"> • Refrigerate until the first use • After the first use pen can be kept at room temperature for 56 days 	<ul style="list-style-type: none"> • Take the medication as soon as possible • Return to your regular schedule • If you are more than 5 days late for the injection, skip the missed dose and return to your regular schedule 	<ul style="list-style-type: none"> • Abdomen, outer thigh or upper arm • Rotate sites

Other Non- Insulin Injectable known as glp1-a

Name	Generic Name	When to take	Dose	Storage	What to do if a dose is missed	Injection sites
Byetta	exenatide	<ul style="list-style-type: none"> 60 minutes before breakfast and supper 	<ul style="list-style-type: none"> 5 mcg twice a day after 1 month dose may be increased to 10 mcg a day 	<ul style="list-style-type: none"> Refrigerate prior to initial use After first dose may keep at room temperature 	<ul style="list-style-type: none"> If you miss one dose, skip it and continue with your normal schedule Do not double the dose 	<ul style="list-style-type: none"> Abdomen, outer thigh or upper arm Change sites with each dose
Bydureon	exenatide extended release	Same time and day weekly	<ul style="list-style-type: none"> 2 mg at the same time weekly 	<ul style="list-style-type: none"> Keep refrigerated up to 4 weeks Do not freeze Protect from light 	<ul style="list-style-type: none"> Take as soon as possible if the next scheduled dose is due in more than 3 days resume scheduled If less than 3 days until next scheduled dose skip and give at the next regularly scheduled time 	<ul style="list-style-type: none"> Abdomen, outer thigh or upper arm Change sites with each dose

Other Non- Insulin Injectable known as glp1-a

Name	Generic	When to take	Dose	Storage	What to do is dose is missed	Injection
Wegovy	semaglutide	Same time and day each week	<ul style="list-style-type: none"> Initial dose 0.25 mg during the first 4 weeks Provider may increase dose every 3 to 4 weeks 	<ul style="list-style-type: none"> Refrigerate in carton until administration Prior to cap removal pen can be kept from 46 to 86 degrees F 	<ul style="list-style-type: none"> If one dose is missed and the next scheduled dose is more than 2 days away skip the dose Return to usual schedule 	<ul style="list-style-type: none"> Abdomen, outer thigh or upper arm Rotate sites
Adlyxin	lixisenatide	Inject 1 hour before the first meal of the day	<ul style="list-style-type: none"> Initial dose 10 mcg daily for 14 day Provider may increase to 20 mcg on day 15 	<ul style="list-style-type: none"> Refrigerate in until first dose Do not freeze After first use store up to 86 degrees F Keep cap on to protect from light Discard after 14 days 	<ul style="list-style-type: none"> If dose is missed administer within 1 hour of the next meal 	<ul style="list-style-type: none"> Abdomen, outer thigh or upper arms Rotate dose
Mounjaro	tirzepatide	Same time and day each week	<ul style="list-style-type: none"> Initial dose 2.5 mg during the first 4 weeks Provider may increase dose every 4 weeks up to 15 mg 	<ul style="list-style-type: none"> Refrigerate in package until administration Pens can be kept at room temperature for 21 days Protect from sunlight 	<ul style="list-style-type: none"> If one dose is missed and the next scheduled dose is more than 2 days away skip the dose Return to usual schedule 	<ul style="list-style-type: none"> Abdomen, outer thigh or upper arm Rotate sites

Other Non- Insulin Injectable known as glp1-a

Saxenda	liraglutide	Once a day	<ul style="list-style-type: none">• Provider may increase dose weekly• Initial dose 0.6 mg• Maximum dose 3 mg	<ul style="list-style-type: none">• Refrigerate• Once pen is used store at room temperature• Protect from light• Use within 30 days	<ul style="list-style-type: none">• Take as soon as possible• Continue regular schedule the next day	<ul style="list-style-type: none">• Abdomen, outer thigh or upper arm• Do not inject into a muscle• Change sites with each dose
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The name of my medication is:

I will take this medication each _____ on _____ Day at _____ (time)