

**PREPARATION INSTRUCTIONS FOR  
Rectal EUS USING: FLEET ENEMAS®  
Rectal Endoscopic Ultrasound**

Arrival Time: \_\_\_\_\_

Date: \_\_\_\_\_

Doctor: \_\_\_\_\_

Do these things **7 DAYS BEFORE** the procedure:

Continue taking your normal medications.

**If you are taking Coumadin or any blood thinner – call your doctor for special instructions.**

Buy two (2) bottles of FLEET Enemas (green and white box). FLEET enema is a brand of enema, which is available in most pharmacies without a prescription. Please follow the instructions on the package insert carefully to ensure a successful test.

**If you need to cancel your appointment, call (617) 638-6525 option #1.**

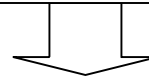
Do these things **THE MORNING OF**

The procedure:

**Please use two FLEET ENEMAS two hours before you leave for the hospital. Once the fleet enemas are given, DO NOT EAT OR DRINK UNTIL THE TEST HAS BEEN COMPLETED.**

- **Take your normal medication with a sip of water. Please bring a list of current medications.**
- *Diabetics-if you take insulin, take one-half dose of insulin on the morning of the procedure. If you take a pill for your diabetes, you may skip it on the morning of the procedure unless instructed otherwise.*

*If you have problems completing this preparation, call the GI fellow on call (617) 638-5793*



**840 Harrison Ave, Boston MA 02118  
2<sup>nd</sup> Floor of the Menino Pavilion  
Across from the cafeteria  
617-638-6525 option#1**

**Most people tolerate this test just fine without sedation. If you think you will need sedation because of anxiety, please arrange an escort.**

If you request sedation, you may not have anything to eat or drink within 6 hours before your procedure. You will be given medicine during the procedure that makes you relaxed and sleepy, therefore you cannot drive a car or take public transportation home by yourself. **You must have a responsible adult to accompany you home; otherwise your procedure will be cancelled and rescheduled. No exceptions.**

Please inform your escort that the entire visit will last approximately 3 hours.