

## PREPARATION INSTRUCTIONS FOR LIVER BIOPSY:

Arrival Time: \_\_\_\_\_

Date: \_\_\_\_\_

Doctor: \_\_\_\_\_

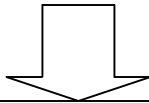
Do these things **7 DAYS BEFORE** the procedure:

**Arrange an escort:** You will be given medicine during the procedure that makes you relaxed and sleepy, therefore you cannot drive a car or take public transportation home by yourself. **You must have a responsible adult to accompany you home; otherwise your procedure will be cancelled and rescheduled. No exceptions.** Please inform your escort that the entire visit will last approximately 3 hours.

**Stop taking aspirin and nonsteroidal anti-inflammatory drugs (e.g. Motrin, Advil, Feldene, Naprosyn, Aleve).** Tylenol is an acceptable substitute unless instructed otherwise by your doctor, take no more than 4 g in a 24 hour period. Continue taking your normal medications.

**If you are taking Coumadin or any blood thinner – call your doctor for special instructions.**

**If you need to cancel your appointment, call (617) 638-6525 option #1.**



Do these things **2 DAYS BEFORE** the procedure:

**Confirm your escort.**

Do these things **ON THE DAY OF** the procedure:

**Your stomach must be completely empty to allow for an adequate examination. Please DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT on the evening prior to the procedure.**

- Take your normal medication with a sip of water. Please bring a list of current medications.
- Please do not take antacids or carafate the morning of your procedure.
- *Diabetics- if you take insulin, take one-half dose of insulin on the morning of the procedure. If you take a pill for your diabetes, you may skip it on the morning of the procedure unless instructed otherwise.*
- Make sure your escort/driver is available to pick you up after the procedure.



840 Harrison Ave, Boston MA 02118  
2<sup>nd</sup> Floor of the Menino Pavilion  
Across from the cafeteria  
**617-638-6525 option#1**