



**Center for Endocrinology, Diabetes,  
Nutrition and Weight Management**

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**Outpatient Referral Form**

**Patient info:**

Patient Name: \_\_\_\_\_  
(Please print)

Date of Birth: \_\_\_\_\_ Phone #: \_\_\_\_\_

Social Security #: \_\_\_\_\_

Address: \_\_\_\_\_

Interpreter needed?  No  Yes Language: \_\_\_\_\_

**Referring physician info:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

**Choose from the following two tracks:**

**Comprehensive Diabetes Management**-ongoing management that includes individualized evaluations and interventions by physician/diabetes nurse practitioner, certified diabetes nurse educator and registered dietician.

**This is recommended for :**

- All Type 1 diabetes
- T2 DM with suboptimal control on oral agents/insulin, A1c>7 x 3 mos
- Insulin initiation
- Insulin pumps
- Diabetes with complex co-morbid conditions
- Recent hospitalization with a lack of health care follow-up
- Labile blood sugar patterns
- Hypoglycemic unawareness, frequent or severe hypoglycemia
- More intensified diabetes treatment and/ or management needs

**Diabetes Education Group** is a series of 9 monthly patient education sessions in a group format that teaches diabetes self-management skills, such as the use of a glucometer, diet and foot care. Sessions are conducted by certified diabetes educators and guest speakers.

**Diabetes management maintained by referring provider.**

**Recommended for:**

- Pre diabetes (impaired fasting glucose or impaired glucose tolerance)
- Diabetes controlled with diet alone
- On oral agents with A1c <7
- Diabetes knowledge base



Boston University  
School of Medicine

– Glucometer use